



This worksheet is for **PLANNING PURPOSES ONLY** and does not replace your Degree Evaluation. In the event of any discrepancy, your Degree Evaluation and the Academic Calendar will be considered the authority. Recreation and Health Education students are not required to declare their program. A student's Recreation and Health Education major is automatically declared for them when they are admitted to their program.

Recreation & Health Education Major (BA)

School of Exer

Faculty of Education



## IMPORTANT!

This program planning worksheet is intended for prospective and newly admitted students. Current students should use their Degree Evaluation to plan their registrations and monitor their progress in completing their degree requirements. This worksheet provides one recommendation of when you should take courses, however, you may need to depart from the recommended sequence due to your personal circumstances, elective selections, overall schedule, or the availability of places in some courses in specific terms. If you are intending to apply for admission to the BSc (Kinesiology) program and need to depart from the recommended sequence, you should ensure that you still complete all the program applicant prerequisites by April 30 of your application year.

## ELECTIVE COURSES

There are several categories of electives that must be fulfilled in the Recreation and Health Education major. These include:

- 1.5 units of EPHE 104 137 (3 x 0.5 units Skill and Performance Analysis)
- 1.5 units of 300- or 400-level ADMN (i.e., a 300 -or 400-level course offered by the School of Public Administration)
- 6.0 units of 100 or above electives
- 6.0 units of 300-or 400-level electives

Electives can be filled with any course for which you have the necessary prerequisites, for which there are not restrictions, and that is at the designated level. You should note that depending on your elective selections, you may need to take specific courses to be able to register in your preferred electives. You are strongly encouraged to choose your 100 or above electives with a view to meeting prerequisite requirements associated with your preferred 300- or 400-level electives.

## CONCENTRATIONS & MINORS

It is possible to use your electives to concentrate your studies on a specific sub-area within the field of recreation and health education. You can find information about recommended concentrations related to recreation and health education on the School of Exercise Science, Physical and Health Education website. It is also possible to add a minor to your degree program. A minor is a more formal way of focusing or extending your studies. Adding a minor to your degree program may require you to take additional courses. The requirements of various minors are listed in the Academic Calendar. You can also find information about minors commonly completed by Recreation and Health Education students on the School of Exercise Science, Physical and Health Education website.

## CO-OPERATIVE EDUCATION

The Recreation and Health Education major includes mandatory co-operative education. Co-operative education is a program that allows students to gain practical experience in their field of study. For more information, visit the Co-operative Education website at [www.uvic.ca/co-op](http://www.uvic.ca/co-op).



taken at UVic. Most students automatically fulfill these requirements when completing their Recreation and Health Education major.

All UVic undergraduate students must maintain a sessional grade point average of at least 2.00. Students completing a Recreation and Health Education major must maintain a sessional grade point average of at least 3.00. You can find more information about minimum grade point average requirements in the [Academic Calendar](#)

