



Out of Our Minds...

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Department of Psychology
<http://www.psyc.uvic.ca>



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Out of my mind ...

E. Brimacombe, Department Chair

Happy Back to School! Welcome to the 2nd volume of our Department newsletter! Here's my wish for you for the year ahead

One summer I worked as a short order cook in mosquito-ridden northern Ontario. Customers were often VERY precise in specifying how they'd like their eggs cooked. I tried my best to get those orders just right but inevitably I'd get feedback – “the yolks were too runny”, “the yolks were too hard”, “the eggs touched the toast” ... There was, however, one regular breakfast customer who gave these instructions on preparing his eggs: “Break the yolks and flip ‘em”. In the midst of “lightly poached”, “over easy”, “over medium”, “soft boiled” “fan the toast around the eggs”, I had this one lovely customer for whom the eggs I made with crack, splat, carefree abandon were always “just right”.

So where am I going with this? Well, I know we all have occasions where the “eggs” have to be just-so. But I hope that whether you're cookin' the eggs or eating them, you've got some opportunity this year to find or create at least a few “break the yolks and flip ‘em” situations in your life.

Welcome to our new Graduate Students!

This fall our Department welcomes 9 new graduate students. Pictured here: Andreas, Chris, Verena, Tracy, James, Josie, Meghan, Stacey. Absent from photo: Jessica.

The photo at right was taken at our Welcome Reception for our new students. (R Skelton photo)



Flashback to February 2006... In the news: UVIC Clinical Psychology Graduate Students achieve the top average in the country for their performance on the examination required for registration as a psychologist.

Learn more at <http://communications.uvic.ca/releases/tip.php?date=14022006>

PsychOS: What's in Store for 2006-07?

My name is Tom Johnson, the current President of the Psychology Organization of Students (PsychOS – we're so clever), and would like to take a few words to introduce myself and outline some of the goals we at PsychOS have set out this year. Currently in my fourth year of studies at UVic, I am majoring in Biology/Psychology with a Minor in Mathematics and am hoping to enter the Honours program next year to finish out my degree. When I am not busy studying, I can generally be found zipping around campus on my longboard, going to and from the many extra curricular activities I have involved myself in this year, the main one being PsychOS.

"A strong line of communication between the students and department can greatly enhance the educational experience, and PsychOS hopes to be the bridge between the two"

In years past, PsychOS was, in general, better known to the student body than the departmental faculty and staff. Considering we are a Course Union, this makes sense, but is not necessarily a balanced situation. Therefore, this year we are trying to have both sides of the equation satisfied. A strong line of communication between the students and department can greatly enhance the educational experience, and PsychOS hopes to be the bridge between the two, or at least the signs pointing to the bridge. Our first ever student newsletter as well as increased number of inclusive events for students should also help to serve this purpose. I am particularly excited about our planned Winter Social to be taking place (hopefully) in Vertigo in the SUB in collaboration with the UVic Ballroom Dancing Club sometime in late November. This will be an alcohol-free event designed to offer both first-year students and departmental staff a chance to learn ballroom dancing steps and to contribute to charity through ticket sales.

Looking ahead to October, we have a couple things planned. The first PsychOS newsletter will be released within the first week of October, a clothing design contest will be taking place to determine the design of the t-shirts we will be selling this semester, and our bake sale (all proceeds go to charity!) will be happening on Oct. 30th.

As we have just begun to work details out for this year (i.e. the particular charity we will be donating to this year, dates of events, etc.) more information will be on its way! I'm hoping both the student newsletter and the departmental newsletter will serve as effective means to communicate our planned events and services to as many people on campus as possible.

I look forward to meeting with as many of you as possible this year.

Sincerely,
Tom Johnson



visit PsychOS
on-line at
<http://web.uvic.ca/~psychos/>

Bravo!!



UVIC Peer Helping

By Sarah Atkinson, 4

PSI CHI News

September has sprung quickly with a bang within our chapter of Psi Chi. After a fairly quiet summer the time for acquiring new members has sprung into action for those of us still at UVIC. We want to thank all of the professors who so graciously allowed us into classes so that we were able to promote our chapter and encourage new membership.

We have also already had our first bake sale and we look forward to making this a monthly event. Our goal is to schedule our bake sale on the same day as faculty meetings in the event you find yourself needing a sweet treat on your way to discuss those scintillating issues.

Membership is forefront on our minds and we hope to expand our numbers. The deadline for membership is Friday, September 29, so if you know of an undergraduate or a graduate student who would like to apply (faculty are also welcome), please direct them to our website or email address for more information. The induction ceremony for new members will take place in October at the University Club.

We are really pleased to announce the revamping of our web site. Kyoko Urano, our web designer, has done a wonderful job. One new feature this year has been the addition of a "job opportunities" page. This allows for faculty, instructors, and graduate students to post jobs (paid and volunteer) when needed. In addition to this, students can post that they are looking for work so that those in need of help

