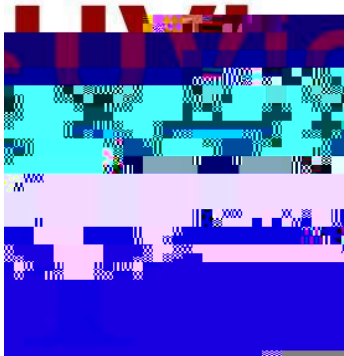


# Psychology 100B



## Introductory Psychology II

Social and Applied Emphasis  
Summer Term (June) 2024 (31361)



\*Please note: Although an unlikely event, I reserve the right to modify ~~the~~ syllabus Any changes will be announced to you in advance (both in class and posted on Brightspace).

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Psychology 100B ±Introductory Psychology II

Social and Applied Emphasis

Summer Term (June 06 - 28) 2024

MTWTHF 10:30 ±12:20

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**WHAT IS THIS COURSE ABOUT?**

Psychology is an exciting, complex scientific discipline, and is an essential part of the helping professions. I have designed PSYC 100B to provide an overview of:

- the main areas, concepts, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles from diverse perspectives that serve as a foundation for taking more advanced courses in psychology and related disciplines
- biological, social, and cultural factors that influence behaviour and mental processes
- how psychological principles help people lead better, healthier lives, and solve real world problems
- how to locate and utilize psychological research information

Whereas PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology, PSYC 100B focuses on lifespan development, human intelligence, social psychology, personality, psychological disorders, and psychological treatment. You do not have to take PSYC 100A at the University of Victoria, you must complete both PSYC 100A and 100B.

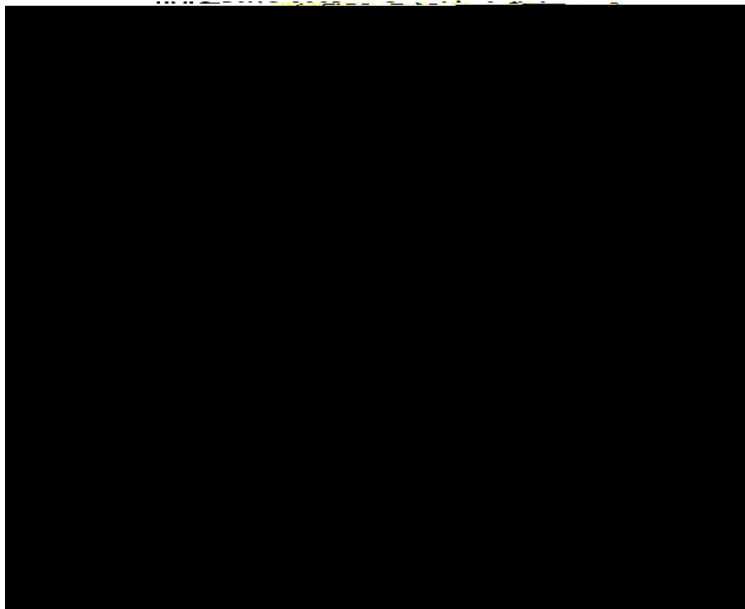


**PLEASE NOTE:** This is a psychology course in which we will be discussing topics related to mental health, psychological disorders, and psychological treatment. You will be expected to engage with material pertaining to these topics.

**WHAT IS THE FORMAT OF THIS CLASS ?**

Each weekday, we will meet in class for lecture. Each week on Brightspace, Modules corresponding to a chapter in the textbook and relating to one or two days of class, will be released. Each Module will contain:

- Textbook reading. One assigned textbook chapter (or Brightspace section) for you to read and a chapter summary highlighting important concepts from the textbook.
- Chapter quiz. A short online quiz related to the chapter material (prior to tests, there will also be a pre-test quiz). Quizzes are low-stakes assignments designed to help you stay on track with your reading! You only need to submit 8 of the 11 quizzes.
- Assignments . You are asked to complete 2 of 3 critical reflection assignments. Information about assignments can be found in our



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### Tentative Course Schedule

Day	Topic; Reading	Tests/Notes	Assignments & Web Surveys <span style="background-color: yellow;">Due 11 PM</span>	Quizzes <span style="background-color: yellow;">Due 11 PM</span>
June 06, 07	Module 1: Ch. 5 Introduction to course; Lifespan Development	Submit things before the last minute , to avoid technical issues ±late submissions will not be accepted.		
		June 08: last day to drop courses and receive 100% of tuition fees		
June 10	Module 2: Ch. 10 Intelligence		WS1 Mon June 10	Q1 (Ch 5) Mon June 10
June 11 <span style="color: purple;">*online recordings</span>	Module 3: <span style="color: orange;">Reading on Brightspace</span> Motivation	*NO in-person class ; please watch uploaded videos on Brightspace		Q2 (Ch 10) Tues June 11
June 12, 13	Module 4: Ch. 12 Emotions, Stress, and Health	June 14: last day to drop courses & receive 50% of tuition fees		Q3 (Motivation reading) Wed June 12
			A1 option 1 ±Wed June 12 (you must complete 2 of 3 options)	







If you choose to discard your flexibility early in the course and then something comes up later, you will

- o If you need an extension on an assignment due to illness or a personal emergency (or if you have a CAL accommodation) SOHDVH FRQWDFW XV DQG ZH¶OO GR RXU

### Web Surveys (4%)

Four percent of your final grade will be based on the completion of four web surveys. There are 4 web surveys ±each web survey will be worth 1% of your final grade and each will take you between 15 ±30 minutes to complete (Web Survey 3 may take you more time, depending on which option you choose).

You are strongly advised to complete the surveys before the due date so you can seek help if you have technical issues, or if you get sick the day the survey is due. If you need it, there is a built-in 24-hour extension for each web survey. Late submissions will not be accepted.





## When to email us:

- 7 To notify your TA that you will have to miss a test due to a medical emergency or a documented family emergency.
- 7 To ask a simple, short question, e.g. "What is the date and time of the make-up test?"
- 7 To comment about course material, e.g. "I was thinking about that case of dissociative identity disorder that you described in class, and I wondered if \_\_\_\_\_ could receive and respond to such comments. We also recommend that instead of emailing us a comment like that, you pop into one of our office hours or chat with us before or after class!
- 7 To make a comment about something you liked or something you think could improve the course. Please be aware that specific, constructive comments are more useful than general ones.

## When not to email us :

- x When the answer to your question can be found in this course syllabus – please make sure you look through the syllabus before emailing us!
- x To request a specific mark (assignment, test, final grade, or bonus points). We post this information on the course website and expect you to access your marks there.
- x To request information about why you received a particular mark. Please see your TA during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out via email.
- x To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction during office hours. Also, please see the section "Assessments" on Brightspace for some studying suggestions.

### What can I Expect from my Instructor and TA?

We are available to help: We are available to help via e-mail (DLO, DQG, RIILFH, KRXUV, 6HH, VHF, WL) contact if I have a question. (S) to find the correct person to reach out to.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or more generally your interest in Psychology.

We will give and receive feedback: We will be available in office hours to give feedback on the assignments and tests. We are also open to receiving constructive feedback about your experiences within the course.

**\*\*If anything on our website (including documents) presents any accessibility issues, please let me know and I can send you the information in plain format.**

## HOW CAN I DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the readings, lectures, quizzes, web surveys, participate in iClicker questions in class, and complete assignments. These are designed to help you keep up with the material!

UNIVERSITY OF VICTORIA  
Department of Psychology  
Important Course Policy Information  
Summer Session 2024

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you are registered with the [Centre for Accessible Learning](#) and anticipate or experience any barriers to learning in this



## Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of NonAcademic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

## Course Experience Survey (CES)

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor regarding the course and their teaching, as well as to help the department improve the overall program for students in the future. When it is time for you to complete the survey, you will receive an email inviting you to do so. If you do not receive an email invitation, you can go directly to <http://ces.uvic.ca>. You will need to use your UVic NetLink ID to access the survey, which can be done on your laptop, tablet or mobile device. You will be reminded nearer the time, but please be thinking about this important activity, especially the following three questions, during the course.

1. What strengths did your instructor demonstrate that helped you learn in this course?
2. Please provide specific suggestions as to how the instructor could have helped you learn more effectively.
3. Please provide specific suggestions as to how this course could be improved.

## Disclaimer

The above schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances.

## Grading

In classes that are based on a percentage grading scheme, the following [graduate Grading Scales](#) are used

Grade	A+	A	A-	B+	B	B-	C+	C	D	F
Percentage	90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	51-59	< 50
GP Value	9	8	7	6	5	4	3	2	1	0

Rounding is only applied to the final grade and is rounded up at the 0.5% level (e.g., 84.49% is round to 84% and 84.50% is rounded to 85%).

## Medical Documentation for absences

No medical documentation for short-term absences is required (Approved by Senate)

If you are seeking a Withdrawal Extenuating Circumstances or an Aegrotat grade, medical documentation may be required if relevant

## Ombudspe

## Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. Plagiarism You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. Unauthorized Use of an Editor. The use of an editor is prohibited unless the instructor grants exo exo5 ( e)9 (x)4.3

## Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

## Program Requirements

For more information see the [UVic Calendar](#)

## Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadline](#) in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

## Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) expected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder representing the university).

- x Request an in-course extension  
If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the [In-Course Extension Form](#) and submit it directly to your course instructor. All course requirements must be completed prior to the submission of final grades.
- x What to do if you miss the final exam scheduled during the formal exam period  
Apply at Records Services for [Request for Academic Concession](#) normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.
- x What to do if you require additional time to complete course requirements beyond the normal term.  
Apply at Records Services for [Request for Academic Concession](#) normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record. Note, only required course components may be deferred.

## Research Participation Opportunities with the Department of Psychology

The Department of Psychology offers multiple opportunities to participate in research studies over the year. Students are encouraged to learn more about the field of psychology by volunteering in these studies. Information about studies can often be found posted on notice boards around the Department as well as through our Participant Pool webpage <https://www.uvic.ca/socialsciences/psychology/research/participants/>

## Student Support Services

[Learn Anywhere](#) is the student support portal for a full range of student academic and support services. Services include: [Centre for Academic Communication](#), [Math & Stats Assistance Centre](#), [Counselling Services](#), [Health Services](#), [Library](#), [Ombudsperson](#), and [Computer Help Desk](#)

This classroom is a transclusive space

Please indicate if you have a preferred name and pronoun that you'd like used in the classroom. Please email your instructor or your TA if you would like to discuss the climate of this

Sexualized Violence Prevention and Response at UVic

# BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housingstudentlife/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <https://www.uvic.ca/student-wellness/contacts/studentwellness>

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[team/index.php#ipaphysicians](https://www.uvic.ca/student-wellness/contacts/studentwellness/team/index.php#ipaphysicians)

Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <https://www.uvic.ca/accessiblelearning/index.php> The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <https://www.uvic.ca/studentwellness/wellnessresources/mentalhealth/>