## PSYCHOLOGY 100A – Section A01 CRN 31327

## LECTURE SCHEDULE

(Please note that topics & dates are approximate and subject to change. course website on Brightspace.)	Changes will be posted on the
You are expected to bring your iClicker to all lectures beginning May 16.	
Other Important Dates:	

### Weekly Activities

For each week of the course, you should engage in the following activities:

- Complete the assigned reading from the textbook.
- Complete and submit the Online Quizzes.
- Attend all lectures, and take notes for study purposes.
- Bring your own iClicker to class, and use it to submit responses to surveys and problems.
- (Optional but recommended): Complete the Achieve Activities

Why do we cover the text chapters "out of order"?

- The Prologue and the first chapters in the textbook deal with the history and organization of the discipline of psychology (Prologue) and research methods in psychology (Chapter 1).
- Although these are important topics (and we do cover them at the end of PSYC 100A the final week), they do not deal with the "content" of psychology with human thoughts, consciousness, memories, perceptions, and so on.
- We feel it is more interesting to start the course with "real" psychology in this case, the study of human consciousness, which includes topics such as attention, sleeping and dreaming, and altering consciousness through things such as drugs, hypnosis and meditation.
- The "non-linear" ordering of chapters is based on the following "conceptual map" of the ideas in the text, and we think it constitutes a more compelling sequence of topics that we hope will better help you become engaged in the excitement of psychological science.

## COURSE REQUIREMENTS AND MARKING

Your performance in the course will be evaluated based on exams, online quizzes, and class participation as assessed by iClicker responses. The breakdown for each component is as follows:

In addition, there are bonus points for research participation, up to a maximum of 4%. (See later sections of this outline for details.) **Students must write all three required exams**. Failure to complete one or more of these elements will result in a grade of "N" regardless of the cumulative percentage of all other elements of the course. N is a failing grade and factors into GPA as a value of 0. In accordance with the University's policy on academic concessions, "A student who completes all course requirements is not eligible for an academic concession". Consequently, students can only request deferrals for the completion of required course components (the three exams) and not for non-essential course components.

#### Grading (% of total marks)

Effective May 1, 2014, the letter grading system previously used at UVic was discontinued. Your final grade will be a straight percentage. Your final grade will be rounded at the 0.5% level (e.g., 84.50 will be rounded to 85; 84.49 will be rounded to 84)

#### **PSYC 100 EXAM GUIDELINES**

Exams are a necessity of University life, particularly in large courses such as PSYC 100. We have designed the following guidelines to make writing the exams as smooth, hassle-free and comfortable as possible, and to ensure that appropriate conditions are maintained during the exam.

- You will write three in-class Exams. You will have to be present to write the exams during the scheduled class period. Be sure not to schedule any trips that overlap with exam dates, and please notify your family not to schedule any trips for you that overlap with the exam dates.
- 20 30% of the exam questions will be based on lecture material; the remainder will be drawn from information in the textbook. Exams will cover only material since the previous exam (i.e., they are not cumulative).
- The format of all three exams will be multiple-choice, fill in the blank, and possible diagrams; be sure to bring your valid student photo ID. You may use either a pencil or pen for the exams.
- The exams are held in the same classroom as the lectures. We expect your cooperation in sitting in assigned seating and in adhering to exam rules.
- Please do not sit in the seats designed for those who are left-handed, unless, of course, you are left-handed.

## Preparing for PSYC 100 Exams

We suggest that you consider the following in preparing for PSYC 100 exams:

- Do all required readings as scheduled in this course outline.
- Attend all lectures and take notes from them.
- Think about the course material in a focused and analytic manner. Try to relate the course

### Completing the Online Quizzes

- Brightspace will close the quizzes automatically one week after the first lecture on a specific topic, except the last quizzes which will close just before the last exam. Specific closing times will be listed on the Brightspace website under "Upcoming Events". Please make sure you can COMPLETE the quiz by the due time (**But try to do them before the exams!**)
- Problems with the Brightspace quiz function should immediately be reported to the instructor.
- There will be multiple quiz opportunities during the semester. Quizzes will consist of 10 multiple

Updated iClicker records will generally be posted to the Brightspace Website (Grade link) within two days of a lecture. We hope to have your final clicker totals posted on the Brightspace Grade link shortly

- What is the cost of registering my iClicker?
  - There is no cost. After purchasing your iClicker, it is yours to use in as many classes as required without any additional costs or recurring registration fees
- Can I use a used iClicker? How do I register a used iClicker?
  - You can use either a used iClicker 1 or iClicker 2. You register a used iClicker remote in the exact same manner as a new iClicker remote (instructions above). You need not do anything special or different in order to register a used remote.
- How do I un-register my remote?
  - There is no need to un-register your remote, even if you will no longer be using it.

    Registration does not alter the iClicker remote in any way, and the registration database is cleared automatically at the end of each semester
- I lost my iClicker and had to buy a new one. What do I do?

•

## PSYCHOLOGY 100A — BONUS POINTS/EXTRA CREDIT FOR RESEARCH PARTICIPATION

#### I. Introduction

An important component of this course is for you to learn about research in psychology. Faculty and advanced students in the Department of Psychology will be conducting research throughout the year, performing studies exploring processes such as social interaction, perception, memory, problem solving, and communication. We encourage you to participate in this research, and as part of this encouragement, we have arranged for you to earn extra credit toward your course mark by participating in approved research. By participating in such research projects you will experience first-hand how psychological research is done. Once your participation in a study is complete, you will receive a full description of the purpose of the research. In most projects, your participation involves having your responses recorded or measured as you perform a task or complete a questionnaire. A Departmental committee has reviewed and approved all of the projects that are available to you for bonus points. The aim of these research projects

#### III. How to Use the System

Go to the Sign-Up Home page (http://uvic.sona-systems.com/). Enter your User ID and password and click "Log In." Be sure to use your User ID and password for the web-based experiment sign-up system and not your password for your UVic email account.

When you use your account for the first time at the beginning of the term, you will be asked to select the course or courses to which your bonus points should be assigned. Select PSYC 100A or PSYC 100B (or, if you are taking both PSYC 100A and 100B concurrently, then select both courses) as the course(s) to which bonus points are to be applied.

The first time you use the system you will have to complete a brief questionnaire (pre-test) that all students must complete before participating in any experiments. You will have to complete this questionnaire only once. If you already completed the questionnaire last term, you will not have to complete it again. The questionnaire will prompt you to provide basic demographic data (e.g., age, gender) that are used in some studies to describe individual differences among participants. After completing the questionnaire, you can proceed as follows.

#### You now have 3 options:

of the cancellation.

- 1. Experiment Sign-Up
  Use this option to view available experiments and to sign up for participation. Details are provided in section IV.
- 2. *My Schedule and Credits*Use this option to view information about appointments you have already made to participate in experiments, to cancel appointments, and to review your credit points.
- Use this option to change your password or your contact information, or to add a secondary email address to which reminders, etc. will be sent. It is advisable to include your telephone number as part of your profile in case an experimenter has to cancel a session for which you have signed up. The experimenter can then attempt to contact you by telephone as well as by email to inform you

#### IV. How to Sign Up to Participate in Research Studies

Click *Experiment Sign-Up* and a list of available experiments will appear. To find out more about a particular experiment click on the title of that experiment. Most experiments will involve a single session at a specific time and place. To sign up for such an experiment, click on "Time Slots Available" and choose a time.

Other experiments might involve two or more sessions (appointments) at different specific times, perhaps separated by specified time intervals (e.g., two days or one week). An experiment of this kind will appear in the system with a different, but related, experiment name for each of the sessions (e.g., Banjo1, Banjo2). You can earn full credit for these multiple-session experiments by completing all sessions. Participation in the first session of a multiple-session experiment is a prerequisite for signing up for the subsequent sessions of that experiment.

Finally, some available experiments may be web-based, and for these, you can complete them on line by visiting a specified web site at your convenience. In such cases, the web address for the experiment will be listed. Note, however, that you will not receive bonus points for completing online studies, though you

displayed (because all time slots have already been filled). Keep checking the web site frequently to find available time slots.

- Some studies have restrictions on who may participate. You will not get points if you sign up for a study for which you do not meet these restricted criteria.
- Some studies entail more than a single session (even though for such studies you may be able to register only for the first session).

•

hours before your appointment; otherwise you will be treated as a "no-show", and points will be deducted 'except in the case of a documented emergency. In the case of such an emergency you should contact the research contact person listed on the website for the study for which you had signed up. If that is not

#### GUIDELINES FOR THE CLASSROOM ENVIRONMENT

Learning involves a commitment on the part of both instructors and students to create the best possible conditions for a creative and productive educational environment. University classes — even large ones — can be absorbing and challenging when lecturers are knowledgeable and stimulating and when students are interested and attentive. In PSYC 100, we try to make our lectures as interesting as we can. To make the lecture experience as effective as possible, however, we need the cooperation of students to help create the best possible learning environment. We provide the following guidelines to facilitate this process and to allow you to use class time to your greatest learning advantage.

- everyone's note-taking speed. Slower note-takers should institute the procedures suggested above and review the lecture notes posted to the course web site.
- Please note that those of us involved in teaching the course are trying to make this course as interesting, productive and pleasant as possible. We have designed the guidelines listed here to make your learning environment as comfortable and professional as possible, and to make best use of limited classroom time.

# GUIDELINES REGARDING THE USE OF EMAIL TO CONTACT PSYC 100 INSTRUCTORS AND TA'S

The PSYC 100 instructors and TA's really do want to hear from you! In a very large course like PSYC 100, however, email "overload" can cause problems. Although email can be a very useful mode of communication for certain specific purposes, it can be problematic in large classes

Whenever you email the instructor or the TA, please start your subject line with "PSYC 100A:" followed by a relevant topic line. With hundreds of emails from multiple classes, your instructor and TA will not always be aware of which class you are in, so please let us know.

Unrestricted or indiscriminate use of email to pose questions and ask for information can overwhelm the limited resources that TA's and instructors have to answer such emailed requests. In order to deal with such problems, please follow these guidelines:

#### When not to use email:

- X To request information about a specific mark (assignment, exam, final mark or bonus points). We post this information on the course web site and expect you to access your marks there.
- **X** To ask instructors to send information via email about material in missed classes. (Summary lecture notes are posted to the Web).
- ✗ To request information about why you received a particular mark. Please go to the TA office during office hours with such questions. These kinds of questions usually require a direct interpersonal interaction that is not effectively carried out via email.
- **X** To ask for advice on improving your study techniques. This also requires a direct interpersonal interaction. See the section on "Preparing for Exams" in this course outline.

#### When to feel free to use email:

These guidelines are based on the understanding that PSYC 100 at UVIC is not a distance education course. We expect you to be present, to attend classes, to ask questions or make comments both during and after classes, and to visit the TA's and instructors during their office hours if you have additional questions. (Coming to see us in office hours is a friendlier, more humane way to learn, anyway — we would much rather see you in person than electronically!)

All course content and materials are made available by instru	ctors for educational purpose	s and for the exclusive
use of students registered in their class <sup>1</sup> . The material is prote	ected under copyright law, ev	en if not marked with
©. Any further use or distribution of materials to others requ	iires the written permission o	f the instructor, except
under fair dealing or another exception in the Copyright Act.	Violations may result in discip	linary action under the
	or the	, whichever
is more appropriate for the situation.		

I value your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to the instructor

Version: Summer Session 2023

not. Be	coartment of Psychology fully endorses and intends to enforce rigorously the
The offe	ences defined by the policy can be summarized briefly as follows:
1.	. You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2.	. The use of an editor is prohibited unless the instructor grants explicit written authorization.
3.	. Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
4.	. This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
5.	. You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
6.	. It is a violation to help others or attempt to help others to engage in any of the conduct described above.
endorse	in any submitted work (unless expressly ed by the instructor as part of an assignment). The Department reserves the right to use AI detectors.
of seatir cards, a to check cheating the offe	ors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment ing for examinations, asking students to move during examinations, requests to see student identification and other measures as appropriate. Instructors also have available to them a variety of tools and procedures for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or g, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of ence. These measures will range from a zero on the test or assignment or a failing grade for the course, on within a program to temporary or even permanent suspension from the University.
Rights o	of Appeal are described in the Policy on Academic Integrity in the University calendar Summer 2023.
	for information on Academic Integrity is the University Calendar
1.	The Ombudsperson's office: is an independent and impartial resource to assist with the fair
	resolution of student issues. A confidential consultation can help you understand your rights and

Version: Summer Session 2023 3

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php

Couns https://www.iccastudentedinesscontactsstudent	-eUness -	
teami/nde phpi/pn		