PSYC 100A-A01

Summer 2021

Introductory Psychology I: Biological & Cognitive

ZOOM class sessions: MTWRF 10:30-12:20PM

Instructor: Katia Dilkina, PhD Teaching Assistant: Taylor Agate

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Zoom office hours: **TF 1:00-2:00pm** Office hours: **by appointment only**

or by appointment

Course Resources: Zoom, Brightspace, optionally LaunchPad

Required Textbook: Myers, D.M. and DeWall, C. N. (2018). Psychology (12th ed.) New York:

Worth Publishers.

Course Description:

Why do we forget? Why do we remember?? What is the relationship between language and thought? How do our genes and our environment interact to give rise to our behaviour? In what ways are our sense of taste and smell similar, and how do they differ? How can we study awareness? This course will address these intriguing questions among many others related to the biological and cognitive aspects of psychology. We will discuss sensation and perception, memory, language, learning, consciousness, neurobiology, research methodology, nature and nurture, and the fascinating diversity in human psychology.

Learning Outcomes:

- Understanding psychology as a science in terms of research methods and design.
- Ability to think critically about scientific research in general and specifically in the domain of biological and cognitive psychology.
- Knowledge and understanding of major concepts and theoretical perspectives in the areas listed above.
- Knowledge and understanding of empirical findings and historical trends in these areas.
- Ability to read, comprehend, and summarize scientific papers on topics within Cognitive Psychology.

IMPORTANT: Course Format

This class will include <u>daily live lectures over zoom</u>, as scheduled in the calendar (MTWRF, 10:30-12:20). All class meetings will be interactive including zoom polls, student questions, answers, and comments, as well as team activities using zoom breakout rooms.

While all zoom meetings will be <u>recorded and made available</u> on Brightspace, I strongly encourage you to attend all classes for two reasons:

- (a) This will be a fast-paced 3.5-week class that will nonetheless cover all the material of a semester-long course; it is in your best interest to stay current with the material.
- (b) As out

What Is Expected of You:

- Read the textbook.
- Attend the scheduled zoom sessions.
- Complete all assignments, quizzes, and exams on time. If you cannot, you must contact me as soon as possible (preferably in advance).
- Think deeply and critically about the material. Try and relate it to your own experience and prior knowledge. (More on active learning below.)
- If you register late for the course, you are responsible for speaking to me to make up for any missed material or assessment.
- <u>Netiquette</u>: As you might have already discovered, online learning is different from face-to-face learning. Because communication may be stripped of essential cues such as tone, affect, facial expressions, and body language especially in written format, it is even more important that we all follow a few basic guidelines to ensure good communication and a positive learning environment:
 - Stay respectful of others and open-minded about their questions, thoughts, and views the same way you probably expect them to be towards you.

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- You are welcome and encouraged! please refrain from making your response personal.
- o If you are typing a response, re-read it at least once before posting it. Consider how (or even the worst way in which) it could be interpreted.
- If you feel very strongly about a certain point, especially if you feel upset or angry, delay posting your thoughts / comments. Give it a few minutes, perhaps a day. Or ask someone uninvolved in the discussion to read it for you before posting it.
- If you have a question, here is where / how to get an answer:
 - If you have a question related to <u>technical issues</u> such as Brightspace, Zoom, or Netlink login, please contact the computer help desk (<u>helpdesk@uvic.ca</u>; 250-721-7687).
 - o If you have questions regarding <u>research participation bonus</u> points, please contact the participation coordinator at <u>p100res@uvic.ca</u>.
 - o If you have questions about <u>academic accommodations</u>, please contact the Centre for Accessible Learning (<u>infocal@uvic.ca</u>; 250-472-4947).
 - o If you have questions regarding the <u>textbook</u>, the <u>lectures</u>, the <u>quizzes and exams</u>, or <u>course</u> dynamics, please contact me at

participation marks. Responsibility for submitting this group assignment should be equally divided among team members. One submission per activity per team. NOTE: If the person responsible to make a submission fails to do so, they will receive 0 points; if they submit past the deadline, they will receive .5 points. All participating members of the team will receive the full 1 point independent of whether the submission was made on time or late (but a submission needs to be made). Team members who do not participate receive 0.

Quizzes (15%)

There will be a total of 12 quizzes over the course one per module plus three pre-exam quizzes covering the three corresponding modules (see schedule below). They will be available through Brightspace and will consist of 21 multiple-choice questions.

The module quizzes will be <u>open book</u> and will have <u>no time limit</u>. Their main purpose is to keep you on track with the material and help you identify weak points in your knowledge and understanding. The pre-exam quizzes will also be <u>open book</u> but they will have <u>a time limit</u> (30 minutes). They will serve as both preparation and practice for the exams (which will also be timed).

Your two lowest scores will be dropped so that 10 of the 12 quizzes will count towards your grade (each worth 1.5%). There are no make-up quizzes and no extensions for quizzes. NOTE: If a student is exempt from 1 quiz (for example, due to late enrollment into the class), the two lowest will still be dropped; if a student is exempt from 2 quizzes, the one lowest will still be dropped; and if a student is exempt from 3 or more quizzes, no grades will be dropped.

Exams (55%)

There will be three <u>non-cumulative open-book exams</u>, each covering the material from three of the <u>nine modules</u> (see schedule below). Each will include 50 multiple-choice questions. The exams will be available through Brightspace from 10am to midnight on the assigned date. Once you start the exam you will have <u>a limited amount of time</u> (70 minutes) to complete it.

Note that although you are expected to complete all course requirements, you must complete all three exams to receive credit for the course. If completing an exam at the specified time is not possible or feasible for you, please contact me well in advance of the exam date. Make-up exams will only be offered to students who have made arrangements with me at least 1 full day prior to the exam date, or in the case of urgent, unforeseen emergencies. In the case of such an emergency, you will need to contact me within 3 days of the missed exam to schedule a make-up examination. If you miss a test and fail to contact me as described, you will receive an N mark (failure due to not completing a course requirement) for the course.

Written Assignments (18%)

Detailed instructions as well as the grading rubric for these assignments is provided in a separate document on Brightspace and will be

past those deadlines will not suffer a late penalty.

There are at least two <u>advantages to submitting by the assigned soft due dates</u>: (a) to keep pace with the course; and (b) to receive timely feedback that may be useful in completing following assignments. NOTE: All three assignments need to be submitted by the final hard deadline. No late assignments past that date will be accepted.

Bonus Research Participation (2%)

You can earn up to 2% bonus credit by participating in psychology

Tentative Schedule

week	date	mod	topic	textbook chapter to read (before class)	synchronous activities	asynchronous activities
					zoom class meetings	goals / submissions
	Mon May 10		Introduction		INTRODUCTORY CLASS	
•	Tue May 11	1	Consciousness	Chapter 3	interactive lecture + team activities	team activity 1 & quiz 1 due May 11

week

Be WELL

Take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

<u>Social Life, Friends, & Community at UVic</u>: Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

<u>Counselling Services</u>: Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/ services/ counselling/

<u>Health Services</u>: University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

www.uvic.ca/ services/ health/

<u>Elders' Voices</u>: The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

<u>www.uvic.ca/ services/ indigenous/ students/ programming/ elders/</u>

Mental Health Supports and Services: available to students from all areas of the UVic community:

UNIVERSITY OF VICTORIA Department of Psychology

Important Course Policy Information Summer 2021

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

• What to do if you miss an exam other than one scheduled during the formal exam period

Do <u>not</u> apply at Records Services for a "Request for Academic Concession". Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

• What to do if you require additional time to complete course requirements

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

https://www.uvic.ca/calendar/future/undergrad/#