

# **PSYC 385 Spring 2021**

**Required Readings:**

- [Understanding Motivation and Emotion](#) (7th Edition) by J. Reeve (2018, Wiley)
- Journal articles, book chapters, brief articles, and videos posted on the course website.

*All course content and materials are made available to students for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with a ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the Resolution of Non-Academic Misconduct Allegations policy (AC1300).*

**Course Policies:**

- f* This course outline contains general information about the course objectives, evaluation, and schedule. It is the student's responsibility to regularly check the course website for any updates. Students are also expected to familiarize themselves with the Department of Psychology's Important Course Policy Information (attached at the end of this document).
- f* Students are expected to attend online sessions and actively participate in group discussions. This is the best way to synthesize and integrate what you learn from the required readings, and to clarify any confusions you may have about course concepts.
- f* Students are expected to respect the diversity of perspectives that all students bring to online discussions because of their background, personal experience, and values. Students' rights for privacy and confidentiality are also respected.
- f* It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender, skin color, sexuality, disability, age, socio-economic status, ethnicity, language, and culture.
- f* Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups.

**Communication:**

*f*



**Research Participation/Review (Bonus):** Students will also be expected to either (1) participate in ongoing research studies and complete a brief report about their experience, or (2) review published research on a specific topic. For the first option, students can participate in research studies as a pa

# BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, courses, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

---

## Health Services:

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives.

[www.uvic.ca/services/health/](http://www.uvic.ca/services/health/)

## Centre for Accessible Learning:

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations. [www.uvic.ca/services/cal/](http://www.uvic.ca/services/cal/) The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

## Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

## Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: [www.uvic.ca/mentalhealth/undergraduate/](http://www.uvic.ca/mentalhealth/undergraduate/)

UNIVERSITY OF VICTORIA  
Department of Psychology

Important Course Policy Information

Spring 2021

*Prerequisites*

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

*Program Requirements*

For more information see the UVic Calendar January 2021.

*Registration Status*

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

*Commitment to Inclusivity and Diversity*

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

*In the Event of Illness, Accident or Family Affliction*

*x What to do if you miss the final exam scheduled during the formal exam period*

SSO \ DW 5 HFRUGV 56 HTUXYLVFVH V RIU \$ FDD GHPLF & RQFHV VLRQ ´ Q R U P D  
days of the date of the exam. Records Services will forward the form to the instructor. If the  
concession is granted, the instructor will determine how to deal with the situation (for example,  
a deferred exam). Where a concession is not applied for or where such application is denied,  
DQ 1 JUDGH ZLOO EH HQWHUH G RQ WKH VWXGHQW ¶ V DFDGHPLF U  
OR, you can download the Request for Academic Concession form here:  
[http://www.uvic.ca/registrar/assets/docs/record\\_forms/rac.pdf](http://www.uvic.ca/registrar/assets/docs/record_forms/rac.pdf)

*x What to do if you miss an exam other than one scheduled during the formal exam period*

Do not DSSO \ DW 5 HFRUGV 6 HU YLFHV IRU D 3 5 HTXHVW IRU \$ F D G H P L  
documentation of the illness, accident or family affliction dire

