Psychology 345A (A01) ±Drugs and Behaviour: Basic Principles Spring 2021 (Jan-Apr)

T, W, F 1:30 - 2:20 pm

Online (Brightspace & Zoom)

COURSE INFO

Instructor: Iris Gordon Teaching Assistant: Josh Palmer

E-mail: <u>igordon@uvic.ca</u> E-mail: <u>jmpalmer@uvic.ca</u>

Office hours: T, 2:30 ±3:30 pm (Zoom) Office hours: TBD

Course Format

This course will synchronous.

Lectures will be held via Zoom on Tuesdays, Wednesdays, and Fridays (class time). It is expected that students who sign-up for the course are available during class time. Lectures will be recorded and posted thereafter on Brightspaces for further access.

Each topic will be accompanied by slides, video recordings, and Assignment. You are responsible



- x 8 V H W K H ³ U D L V H K D Q G ´ I H D W X U H U D W K H U W K D Q W \ S L Q J T reduce distractions as well facilitate better dialogue)
- x Use the chat field/whiteboard for constructive comments (be respectful and mature)
- x Make sure to review your comments before posting them, and/or to be as polite as

*Tentative Course Schedule

Sun	М	Т	W	Th	F	Sat
	11 th	12 th	13 th	14 th	15 th	16 th
		Introduction	Drug Dynamics Drugs & the Body		Drug Dynamics Drugs & The Body	
17 th	18 th	19 th	20 th	21 st	22 nd	23 rd
A1 opens		Drug Dynamics	Drug Dynamics		Drug Dynamics	A1 closes
12:00 pm		Mechanisms of	Mechanisms of		Mechanisms of	10:00 pm
		Action	Action		Action	
24 th	25 th	26 th	27 th	28 th	29 th	30 th
S1 opens		BioPsychoSocial	BioPsychoSocial		BioPsychoSocial	S1 closes
12:00 pm		Tolerance	Tolerance		Tolerance	10:00 pm
31 st	1 st	2 nd	3 rd	4 th	51.58 Tm 0 g 0 G	
A2 opens 12:00 pm		BioPsychoSocial Dependence	BioPsychoSocial Dependence			

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BE WELL

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All ofbenefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, coursenions, intramurals and teams on campus. https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php

Counselling Services:

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. www.uvic.ca/serices/counselling/

impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119

Phone:250.721.8021

Email: svpcoordinator@uvic.ca

Web: www.uvic.ca/svp