I acknowledgeand respect the  $\mbox{Lil}$  "u|  $\mbox{un}$  (Songhees and Esquimalt) Peoples on whose territory the university stands, and the  $\mbox{Lil}$  "u|  $\mbox{un}$  and the  $\mbox{Lil}$ " u|  $\mbox{un}$  and the  $\mbox{un}$  and the

I recognize how pritoilelegaenth, work, and play on this beautiful territo

# Psychology75

The textbook for this course is available at the UVic bookstore: Miller, R023).(2ntimate Relationship \$9th ed.). McGrawHill.

Currently, the price for a digital copy of the textbook is \$61(r9£5w, physical copy is: \$116.95). You will be tested on material from the textbook (as well as lecture)s textbook has been used in previous semester, so you may be able to find a used copy.

To purchase your textbooksk, go to the UVic bookstore website then search for Psyc 375 A02: https://www.uvicbookstore.ca/text/

Many students report keeping the textbook for future reference, however, like most textbooks out there, it isn't without its issues (e.g., focusing, for the most part, on heteronormative relationships and presenting some outdated perspectives on gender)delayour to address this with content in lectures, and am always open to receiving your expertise and suggestions!

This class is interactive

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Most assessments (quizzes, assignments) have a "best by" due date and an "end date". The "best by" date is the due date – you should complete your assessments by those dates. However, I know life happens, so I've also included "end dates" a couple of days after each "best by" date. The end dates are essentially an extension for that assessment and represent the final day you can submit there is no penalty for submitting by the "end date" rather than the "best by" date.

Further extensions will only be granted in exceptional circumstances (the recoeffections granted for quizzes

DATES	LECTURE TOPICSESTS	READING SQUIZZES complete 6 of 11 quizzes ASSIGNMENTS
JAN09, 10, 12	Introduction to course	Ch. 1 Quiz 1(Ch 1): (due next week) best by Jan 2, 11 pm; end date Jan 22
	Building Blocks of Relationships	
JAN16, 17, 19  *Fri Jan 19 asynchronous online class	Building Blocks of Relationships The Self and Attachment Theory	1. <u>Journal article (PsycInfo, UVic libra</u> p) uppes, B. (2021). Using set impassion to influence romantic relationship satisfaction: A case study of wom urnal of Feminist Family Therapy (3) 3244269. 10.1080/08952833.2021.1880185
Offilitie Class		2. Webpagehttp://labs.psychology.illinois.edu/~rcfraley/attachment.htm
		Selfreflection portfolio due: best by 11pmFridayJan 19end date 11pmMondayJan 22
Jan		

Due Date	Brief Description
Quizzes(6%) Due("best by") most weeks, Sundays, 11pm End dates most weeks pesdays, 11pm *Exception: Quiz 2, Quiz Quiz 11	On Brightspacecomplete 6 of 11 quizzes your choice (worth 1% each). If you complete more than 6, your lowest quiz grades will be droppedee Course Schedule for due dates.  *Because you only need to complete 6 of 11, and because there are "best by" as well as "end" dates, there are no makeup opportunities offered for missed quizzes exceptions The "end" dates are considered the extension.

Self-Portfolio Reflection(4%)
Due (best by

#### **UNIVERSITY OF VICTORIA**

Department of Psychology Important Course Policy Information Spring Session 2024

#### **Accessible Learning**

The University of Victoria is committed to creating a I(41 (gTVi)-.2 (t)-42g)(ga)-4 (40.9 (o6aa)-4 (40g TVi)-x2g)(75 (p)-6.1 (e)3 (r)-1.4 rs. All members of the university community have the right to this experience and e such an environment. The University will not tolerate racism, sexualized violence, oullying, or harassment.

ng into UVic's learning systems or interacting with online resources and coursens, you are engaging in a University activity.

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Version: Spring Term 2024

#### Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the <u>Senate Policy on Academic Integrity</u>. It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. Plagiarism. You must make sure that the work you submit is your work and oerg (a)-3.e tncergw (r)4T/6y9 (yo)1.9 (u s)-8 (e)

Version: Spring Term 2024

#### **Prerequisites**

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites <u>ARE NOT</u> exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

#### **Program Requirements**

For more information see the UVic Calendar.

#### **Registration Status**

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the <u>deadlines</u> set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

#### **Request for Academic Concessions**

Students can apply for <u>academic concessions</u> if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

#### Request an in-course extension

If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "In-Course Extension Form" and submit it directly to your course instructor. All

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# **BE WELL**



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

## Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php

### Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students. <a href="https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-counsellors">https://www.uvic.ca/student-wellness-team/index.php#ipn-counsellors</a>

#### Health Services:

The Student Wellness Centre also provides a full service primary health clinic for students. <a href="https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians">https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians</a>

# Centre for Accessible Learning

The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations <a href="https://www.uvic.ca/accessible-learning/index.php">https://www.uvic.ca/accessible-learning/index.php</a>. The sooner you let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

#### Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

# Mental Health Supports and Services:

Mental health supports and services are available to students from all areas of the UVic community: <a href="https://www.uvic.ca/student-wellness/wellness-resources/mental-health/">https://www.uvic.ca/student-wellness/wellness-resources/mental-health/</a>