

PSYC 462 (A02) - CRN 24011
Clinical Interventions, Prevention, and Health Promotion
Spring 2024

Instructor	
Michelle St. Pierre, Ph.D., R. Psych., Assistant Teaching Professor, Department of Psychology	
Email:	mstpierre@uvic.ca
Office:	Cornett A216
Office Hours:	10:30am-12:00pm Thursday's
Instructor availability:	Please note that I do not typically check email messages during the hours of 6pm and 6am on weekdays, and I do not routinely check email on the weekend. Messages received during these times will receive attention once I am back online. Otherwise, you can expect to receive a response to your message within 6 hours, often much sooner.

Prerequisites: Both PSYC300A, PSYC365 & one of: PSYC332, PSYC338, PSYC366. Completed or concurrently enrolled in PSYC300B.

Class Time: Monday, Wednesday, & Thursday – 2:30pm– 3: 20pm, January 8 to, April , 2024

Classroom : BEC Building | Room 363

Required Text There is no textbook for this course. Required readings will be available as electronic files through the UVic library (i.e., e-journals, e-books) or will be posted on Brightspace. We will read journal articles, popular press reports, program websites, etc. Students are expected to complete assigned readings before class in order to participate in class discussions.

Course Website You will find slides, assignments, and course announcements posted on Brightspace. <https://bright.uvic.ca/d2l/home/302209>


Land Acknowledgement We acknowledge and respect the Indigenous peoples on whose traditional territory the university stands and the Songhees, Esquimalt, and WSANE peoples whose historical relationships with the land continue to this day.

Course Description and Learning Outcomes

Psychologists are often involved in developing, delivering, and evaluating psychological interventions, prevention programs, and public policies to promote mental health and wellbeing. This course will consider issues relevant to these activities, integrating scientific and research considerations with clinical and practical realities. All students will complete a course capstone project, during which you will have an opportunity to identify an important mental health problem, design an intervention to address this problem, and develop a plan to evaluate your intervention. Capstone projects will involve collaborative work, class presentations, and individual written components. This course will emphasize how we can build and implement a science of mental health, examining the impact of the evidence-based practice movement in psychotherapy and examining 1833 ()suhasiz.167 (s.) yoce



3) Capstone Final Report: Combine information from Presentation 1, Presentation 2, student feedback/suggestions/questions, and research on how to improve or facilitate dissemination, implementation, and



and foster your learning experience. I attempt to respond to emails within 3 business days (please resend after this time period).

Sensitive Content The university classroom provides an open space for the critical and civil exchange of ideas. Some course content will include topics that some students may find difficult to learn about. Each student is different and as such, I cannot provide a “trigger warning” for all the sensitive topics in this course. Please ensure that you consider the topics to be discussed and determine if you have the emotional capacity and tolerance to engage in this course at the present time. I will not provide alternative assignments or readings as I aim to provide a comprehensive survey of mental health and wellbeing topics in order to meet the learning objectives set out for this course. Resources for support and wellbeing are provided at the end of the syllabus.

Attendance It is expected that you will attend all classes. If, due to unforeseen circumstances, you must miss a class, please obtain the missed material from a classmate. I can provide information on specific questions, but a make-up class or class notes will not be provided. Teaching assistants are also able to answer content-related questions.

Missed Exams/Assignments You are expected to complete assignments on the dates set out in the Course Schedule and during the Final Exam Period. If you miss a deadline for an emergency, due to illness, or accident, please contact me as soon as possible (**no later than 3 days after**) to discuss an extension. For all assignment extensions, you must fill out a Request for In- Course Extension form from the link below or on Brightspace. Extensions will be granted only in extenuating circumstances. Travel plans, per

UNIVERSITY OF VICTORIA
Department of Psychology
Important Course Policy Information
Spring Session 2024

Accessible Learning

The University of Victoria is committed to creating a learning environment where all members of the university community have the right to this experience and such an environment. The University will not tolerate racism, sexualized violence, bullying, or harassment.

Engaging into UVic's learning systems or interacting with online resources and course materials, you are engaging in a University activity.

These materials are subject to the University's policies and procedures. For more information, please refer to the University's policies and procedures.

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the [Senate Policy on Academic Integrity](#). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and oerg (a)-3.e tncergw (r)4T/6y9 (yo)1.9 (u s)-8 (e)

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see the [UVic Calendar](#).

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the [deadlines](#) set out in the current UVic Calendar.

Students who do not attend classes must not assume that they have been dropped from a course by an academic unit or an instructor. Courses that are not formally dropped will be given a failing grade, students may be required to withdraw and will be required to pay the tuition fee for the course.

Request for Academic Concessions

Students can apply for [academic concessions](#) if their course requirements are affected by (i) unexpected and/or unavoidable circumstances (e.g., illness, family affliction, etc.), or (ii) conflicting responsibilities (e.g., service in the armed forces or first responder, representing the university).

Request an in-course extension

If you require more time to complete a course requirement or miss a test or midterm exam, then you will need to complete the "[In-Course Extension Form](#)" and submit it directly to your course instructor. All

