

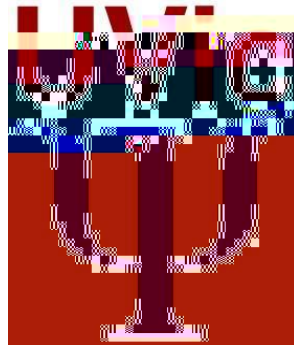


Department of Psychology

We acknowledge and respect the l k n peoples on whose traditional territory the university stands, and the Songhees, Esquimalt, and WSÁNE peoples whose historical relationships with the land continue to this day.

I recognize how privileged I am to learn, work, and play on this beautiful territory.

Psychology 375 A02



Interpersonal Relationships

Spring (Jan-Apr) 2023 (CRN: 22877)

**Please note: Although an unlikely event, I reserve the right to modify this course outline. Any changes will be announced to you in advance (both in class and posted on Brightspace).*

©Dr. Jessica Rourke

Psyc 375 A02 Interpersonal Relationships

Spring (Jan – Apr) 2023 (CRN: 22877)

TWF 12:30pm – 1:20pm

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Instructor: Dr. Jessica Rourke (she/her)

My degrees are in Social-Personality Psychology, with my main area of research being forgiveness. In addition to teaching at UVic, I teach online at TRU, and have either worked or volunteered in the field of restorative justice for over a decade.

Contact: jrourke@uvic.ca

Office hours: TBA



Teaching Assistant (TA): Maria Stepanyan (she/her)

Contact: mstepanyan@uvic.ca

Office hours: By appointment

- Please come to office hours, or email: jrourke@uvic.ca or mstepanyan@uvic.ca. Do not message us through Brightspace (we will not receive it!)
- _____ and make sure you include your name and student number at the end of your message
- Please allow 2 business days for a reply. If we have not replied within that time frame, re-send your message and let us know it is the second time you are sending it
- Please do not contact us to find out when assignments or exams will be graded. As soon as the grades are ready, they will be posted
- You need to make an appointment to see Maria during office hours. You do not have to make an appointment to see Dr. Rourke during office hours, however, priority will be given to those students who have booked an appointment

In this course we will explore social psychological concepts and theories related to interpersonal relationships – specifically, romantic relationships. For example, we'll discuss:

- how the way we think and feel about ourselves impacts us in romantic relationships
 - things that contribute to us feeling attracted to others
 - healthy and unhealthy communication in relationships
 - consent, power, and abuse in relationships
 - conflict and things that help us move through conflict
 - the dissolution of relationships
 - things that help us maintain our relationships
-

PSYC 201 and 231 are prerequisites for this course. Being allowed to register in a course without having completed the prerequisites is rare. If this were to occur, and you remained in this course without having completed the prerequisites, you would be doing so at your own risk.

*Successful completion of this course DOES NOT exempt you from having to complete the prerequisites at a later date if they are required for your degree program.

On Brightspace you will complete the weekly quizzes as well as your three tests.

I will also post:

- the course syllabus
- detailed assignment information (including SONA bonus points)
- information for in-class activities
- class announcements (e.g., when grades have been posted)

| Due Date | Value | Brief Description |
|----------|-------|-------------------|
| | | |

Mandatory Course Components

- Completing the 3 tests + the Individual/Group Project (due Mar 22) are mandatory completion requirements to pass this course (not doing so will result in a grade of "N"). Please see p. 8 for further (and important!) details.

Tests

- There are 3 non-cumulative tests. The first two will be written online during class time and are open book. The 3rd will be a "take-home" test (completed online, also open book), due Tuesday Apr 11. There is no final exam during the formal exam period.

Quizzes

- There are 11 chapter quizzes. You are asked to complete 6. If you complete more, only your best 6 grades will count (I recommend completing them all!). These quizzes are on Brightspace. Quizzes are typically due on Sundays, by 11pm *PST* (exception is Quiz 11, due Thursday April 6).
- Because you only need to complete 6 of 11, there are no make-up opportunities offered for missed quizzes. I recommend completing the earlier quizzes in case you become ill or busy toward the end of the semester.

Assignment Submissions

- Assignments will typically be submitted to Brightspace (Word or PDF format)
- Detailed criteria for each assignment (including SONA bonus points) are posted in the "Assessment Information"

UNIVERSITY OF VICTORIA
Department of Psychology
Important Course Policy Information
Winter Session 20~~22~~23

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of NonAcademic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

The instructor values your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to

Prerequisites

University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based nonprofit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free [Student Support Centre](#), and run your health and dental plan. We are here to support you, so please reach out to us at [uvss.ca!](#)

Academic Important Dates

Winter session second term (January- April)

| | |
|---|---|
| Monday, Jan 9 | Second term classes begin for all faculties |
| Sunday, Jan 22 nd | Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date. |
| Wednesday, Jan 25 th | Last day for adding courses that begin in the second term |
| Tuesday, January 31 | Last day for paying second term fees without penalty |
| Sunday, Feb 12 th | Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date. |
| Feb 20 th - Feb 24 th | Reading Break for all faculties |
| Tuesday, Feb 28 th | Last day for withdrawing from full year and second term courses without penalty of failure |
| Thursday, Apr 6 th | Last day of classes in second term for all faculties |
| Apr 11 th - Apr 26 th | Second term formal examination period |

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, courses, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing/student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness>

[team/index.php#ipnphysicians](https://www.uvic.ca/undergraduate/housing/student-life/student-life/index.php#ipnphysicians)

Centre for Accessible Learning:

a

www.uvic.ca/services/cal/

let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: