

Personality

Psychology 330 (A01), CRN 22866, Spring 2023
Bob Wright Centre, A104
Tuesdays, Wednesdays and Fridays, 10:30am to 11:20am

Instructor: Kelci Harris

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: Cornett Building A275

Office Hours: Wednesdays, 12pm-1pm

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Course Overview:

An introduction to personality theory and its applications. A survey of several major strategies followed in conceptualizing personality, e.g., psychoanalytic, dispositional plus emphasis on measurement of personality, current research, and approaches to personality change.

Intended Course Learning Outcomes:

By the end of the course, you will be able to:

- Describe what personality psychology is and how it is studied.
- Explain and evaluate major personality theories and approaches (e.g. traits, psychodynamics, social-cognitive, humanistic, biological).
- Differentiate personality assessment techniques, and discuss their reliability and validity.
- Discuss personality stability and change, situational influences on personality, and the impact of personality on important life outcomes.
- Examine of the importance of culture and diversity for all research, including personality psychology.
- Apply insights from personality psychology towards better understand yourself and others.

What to expect from this course:

Our class time will be used for lecture, small group discussions, and small group activities that facilitate critical thinking and enhance your understanding of the material covered in the textbook and videos. **Outside of class, you will be expected to read the textbook**

on track with your readings, there are quizzes each week. I encourage you to find a study buddy in the class to go over the course readings and your notes with! Not only will this help keep you accountable with completing (tu)4 (d)7 comple 9ot

if any of our class meetings conflict with your religious or cultural events, please let me know so that we can make arrangements for you.

Netiquette (adapted from Dr. Michael Stevenson, University of Southern Maine):

Our discussions may lead to debate and disagreement, which is a great way to foster critical thinking; however, it is vital that you respect the ideas of others. Please be careful and considerate in all of your communications. Carefully consider what you are saying and remember that your readers (fellow students and instructor) might not infer your intent. These are a few suggestions:

- Take a moment to re

- [Emailing Maria](#): Email Maria if you have questions about grading, online quizzes, discussion boards, or participation. You can also email Maria if you would like to schedule a meeting with her.
- [Office Hours](#) Some questions are best addressed face to face.
 - Go see Dr. Harris: If you'd like to have a more in-depth discussion about course content or accommodations.
 - Go see Maria: If you would like to go over your test grades or writing assignments.
- [m4D:BDC /C2_0 1 Tf -10.47 -1.4 Td](#)

	January 13, January 20, January 27, February 4, February 17, March 3, March 17, March 24, March 31	
Written Reflections (3 out of 6)	Prompts Due: January 27, February 2, March 3, March 17, March 31, April 7	21%
Tests	February 3, March 10, April 5	42%
*If you added the course after January 17, you have one week from the date you add the class to complete the syllabus quiz.		

Completing the Course:

In-Class Participation (18%; 5 of 7)

This grade will come from attending and participating in the synchronous in-class activities. The in-class activities are meant to enhance your learning experience by providing opportunities for application of knowledge and critical thinking. These in-class activities will be completed individually, in pairs, and in groups. Assignments will be turned in during

receive an “N” mark (failure due to not completing a course requirement) for the for your final grade.

- b) **Alternative Paper:** Students can replace any test with a 1800-word research paper. **If you would like to write a test replacement paper, you must make arrangements with me at least 7 full days prior to the test date (i.e. the Friday before the test).** The topic be relevant to one of the topics covered for the missed test, and must be pre-approved by Dr. Harris. More detail on this will be posted on Brightspace

Bonus(2%):

Students may complete any combination of a) participation in research or b) article reviews up to a total of 2% credit.

- a) **Participating in Research on SONA:** Because experiential learning is highly valued in the Department of Psychology and is part of this course, student participants may earn up to 2% in extra credit in PSYC 330 by participating in Psychology studies conducted by students and faculty in the Department of Psychology. One (1) hour of participation earns you one (1) SONA credit and credits are given in 0.5 increments, with one (1) credit required for a 1% increase in your final grade. You must be sure to assign your credits to this course (and this section of the course) no later than the last day of class, otherwise you will not receive extra credit in this course. For details on participating in research studies, go to the Department of Psychology web site:
<https://www.uvic.ca/socialsciences/psychology/research/participants/>.
- b) **Alternatives to Participating in Research:** As an alternative to participation in research, students may submit short summaries (1 page double spaced, 12 pt. times New Roman font, 1 inch margins) of journal articles from a specified journal (see below). Each article review counts as one percentage point and will be marked on a

- Summarize the hypotheses of the research, as well as the methods used to test the hypotheses. Identify the independent and dependent variables. Identify the psychological concepts in the article and indicate the pages in our textbook that discuss the concepts. Finally, critically evaluate the results of the study. Do you agree with their findings? Why or why not? Provide evidence from the text or lecture to support your conclusions.
- Keep a copy of your review in the unlikely event we misplace the original.

LateAssignments

Given the flexibility built in to the deadlines and grading for each assignment, **late assignments will not be accepted**. Exceptions will only be made under exceptional circumstances (e.g., serious illness or accident), and when appropriate documentation is presented within 4 days of the due date.

Accommodations:

I will make every effort to accommodate the learning needs of all students enrolled in this course. Students should discuss any specific needs with me as soon as possible (i.e., within the first 5 classes). Some students may wish to consider registration at the Centre for Accessible Learning, <https://www.uvic.ca/services/cal/onlineservices/register/index.php> The CAL staff are available by appointment to assess specific needs, provide referrals and arrange appropriate accommodations.

Course Schedule

Week	Day, Date	Topic	In-Class Activity
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	Wed., 15-Mar	Culture				
	Fri., 17-Mar	Psychodynamics		Chapter 11	Quiz 7	Writing 4
11	Tue., 21-Mar	Psychodynamics		Chapter 12		
	Wed., 22-Mar	Narrative Identity	Narrative Coding	Article A		
	Fri., 24-Mar	Positive Psychology		Chapter 13	Quiz 8	
	Tue., 28-Mar	Positive Psychology				

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Other Dates to Know:

- Sunday, Jan 22nd - Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
- Wednesday, Jan 25th - Last day for adding courses that begin in the second term
- Tuesday, January 31st - Last day for paying second term fees without penalty
- Sunday, Feb 12th - Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date.
- Tuesday, Feb 28th - Last day for withdrawing from full year and second term courses without penalty of failure

UNIVERSITY OF VICTORIA

Department of Psychology
Important Course Policy Information
Winter Session 2022/23

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in their class¹. The material is protected under copyright law, even if not marked with ©. Any further use or distribution of materials to others requires the written permission of the instructor, except under fair dealing or another exception in the Copyright Act. Violations may result in disciplinary action under the [Resolution of Non-Academic Misconduct Allegations policy \(AC1300\)](#) or the [Academic Integrity Policy](#), whichever is more appropriate for the situation.

Course Experience Survey (CES)

The instructor values your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to

Prerequisites

University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Winter session - second term (January – April)

Monday, Jan 9 th	Second term classes begin for all faculties
Sunday, Jan 22 nd	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, Jan 25 th	Last day for adding courses that begin in the second term
Tuesday, January 31 st	Last day for paying second term fees without penalty
Sunday, Feb 12 th	Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date.
Feb 20 th - Feb 24 th	Reading Break for all faculties
Tuesday, Feb 28 th	Last day for withdrawing from full year and second term courses without penalty of failure
Thursday, Apr 6 th	Last day of classes in second term for all faculties
Apr 11 th - Apr 26 th	Second-term formal examination period

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness->

[team/index.php#ipn-physicians](https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians)

Centre for Accessible Learning: s
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www.uvic.ca/services/cal/

let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: