

UNIVERSITY OF VICTORIA | DEPARTMENT OF PSYCHOLOGY  
PSYC 243 (A01) — Introduction to Lifespan Development Spring 2023  
CRN 22840  
MR 10:00-11:20  
DTB A120

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**Territorial Acknowledgement:** ‡ . . . . . peoples on whose traditional territory the University of Victoria stands, and the Songhees, Esquimalt and ‡ o. V-\$' . . . . . with the land continue to this day.

**ABOUT THIS COURSE**



**SCHEDULE AND READING ASSIGNMENTS**

**Week 1**

M Jan 9 Introduction: The Lifespan Perspective  
 Reading: Santrock et al., Chapter 1  
 R Jan 12 The Lifespan Perspective (cont'd)

**Week 2**

M Jan 16 The Lifespan Perspective (cont'd)  
 R Jan 19 The Lifespan Perspective (cont'd)

**Week 3**

M Jan 23 Biological Beginnings  
 Reading: Santrock et al., Chapter 2  
**\* Jan 22 is the last day to drop the course with 100% fee reduction**  
 R Jan 26 Biological Beginnings (cont'd)

**Week 4**

M Jan 30 Physical and Cognitive Development in Infancy  
 Reading: Santrock et al., Chapter 3  
 R Feb 2 Physical and Cognitive Development in Infancy (cont'd)

**Week 5**

M Feb 6 Socioemotional Development in Infancy  
 Reading: Santrock et al., Chapter 4  
 R Feb 9 Socioemotional Development in Infancy (cont'd)  
**\* Feb 12 is the last day to drop the course with 50% fee reduction**

**Week 6**

M Feb 13 **Exam 1**  
 R Feb 16 Physical and Cognitive Development in Childhood  
 Reading: Santrock et al., Chapter 5

**Feb 20 to 24: Reading Break**

**Week 7**

M Feb 27 Physical and Cognitive Development in Childhood (cont'd)  
 R Mar 2 Socioemotional Development in Childhood  
 Reading: Santrock et al., Chapter 6

**Week 8**

M Mar 6 Socioemotional Development in Childhood (cont'd)  
 Reading: Santrock et al., Chapter 7 (a) P 11CID 36 BDC -0.014MCID 0.003 T-8.6 Development

**Week 10**

M Mar 20

**Exam 2**

R Mar 23

Physical and Cognitive Development in Early Adulthood

Reading: Santrock et al., Chapter 9

**Week 11**

M Mar 27

Socioemotional Development in Early Adulthood

Reading: Santrock et al., Chapter 10

R Mar 30

Physical and Cognitive Development in Late Adulthood

Reading: Santrock et al., Chapter 11

**Week 12**

M Apr 3

Socioemotional Development in Middle and Late Adulthood

Reading: Santrock et al., Chapter 12

R Apr 6

Death, Dying, and Grieving

Reading: Santrock et al., Chapter 13

**TBD****Final Exam 3** (within the period of Apr 11-26)

# UNIVERSITY OF VICTORIA

Department of Psychology  
Important Course Policy Information  
Winter Session 2022/23

## **Accessible Learning**

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with

## **Copyright**

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## **Course Experience Survey (CES)**

The instructor values your feedback on this course. Toward the end of term, you will have the opportunity to complete a confidential course experience survey (CES) regarding your learning experience. The survey is vital to providing feedback to



## Prerequisites



## University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at [uvss.ca](http://uvss.ca)!

### Academic Important Dates

#### Winter session - second term (January – April)

Monday, Jan 9 <sup>th</sup>	Second term classes begin for all faculties
Sunday, Jan 22 <sup>nd</sup>	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, Jan 25 <sup>th</sup>	Last day for adding courses that begin in the second term
Tuesday, January 31 <sup>st</sup>	Last day for paying second term fees without penalty
Sunday, Feb 12 <sup>th</sup>	Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date.
Feb 20 <sup>th</sup> - Feb 24 <sup>th</sup>	Reading Break for all faculties
Tuesday, Feb 28 <sup>th</sup>	Last day for withdrawing from full year and second term courses without penalty of failure
Thursday, Apr 6 <sup>th</sup>	Last day of classes in second term for all faculties
Apr 11 <sup>th</sup> - Apr 26 <sup>th</sup>	Second-term formal examination period



A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

***Social Life, Friends, & Community at UVic:***

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

***Counselling Services:***

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness->

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[team/index.php#ipn-physicians](https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians)

***Centre for Accessible Learning: s***

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[www.uvic.ca/services/cal/](http://www.uvic.ca/services/cal/)

let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

***Elders' Voices:***

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

[www.uvic.ca/services/indigenous/students/programming/elders/](http://www.uvic.ca/services/indigenous/students/programming/elders/)

***Mental Health Supports and Services:***