

Psychology 231 (A01), Spring 2023 (CRN: 22839)
Tues, Wed, and Fri, 1:30pm to 2:20pm
Location: FRA 159

We acknowledge and respect the l k n peoples on whose traditional territory the university stands and the Songhees, Esquimalt, and WSÁNE peoples whose historical relationships with the land continue to this day.

: Dr. Danu Anthony Stinson, Department of Psycholo4 (nu 4nue)4 (-1 004B0003>TJ/)6j (t)-2 (hon)-1

<https://uvic.zoom.us/j/84905903381>

Meeting ID: 849 0590 3381

: Erin Lowey

: by appointment with some special sessions around exam time

: elowey@uvic.ca

The purpose of this course is to introduce you to research and theories within the field of social psychology. Topics include: the self, self-esteem, culture, attitudes, persuasion, prosocial behavior, attraction, stereotyping, prejudice, and others. The textbook is broad while the lectures will tend to cover more specific issues, especially recent experimental and theoretical approaches.

- When presented with research about social

Journal Articles:

Students are responsible for reading the three journal articles listed here. They are posted on Brightspace. If you have trouble reading the journal articles, please talk to your TA for guidance.

1. Stinson, D.A. & Fisher, A.N. (2020). *Self-esteem and health*. In K. Sweeney and M.L. Robbins (Eds.), *Wiley Encyclopedia of Health Psychology* (615-621). New York: John Wiley & Sons Inc.
2. Miller, D. I., Eagly, A. H., & Linn, M. C. (2014). Women's representation in science predicts national gender-science stereotypes: Evidence from 66 nations. *Journal of Educational Psychology*. <http://dx.doi.org/10.1037/edu0000005>
3. Logel, C., Stinson, D.A., & Brochu, P.M. (2015). Weight loss is not the answer: A well-being solution to the "obesity problem." *Social and Personality Psychology Compass*, 9, 678-695. <https://doi.org/10.1111/spc3.12223> (Content warning: the article is weight inclusive/fat positive, but it still talks about dieting, weight-loss, health; please see me if you require accommodation)

1. *One Big Hapa Family* – (Documentary)
 - Will be available on Brightspace
2. *12 Angry Men* – (Movie/Fictional)
 - Will be available on Brightspace
3. *Stress: Portrait of a Killer* – (Documentary)
 - https://www.youtube.com/watch?v=eYG0ZuTv5rs&fbclid=IwAR2TxwjYu7ImkhYpYwk9s9YGFPTzX3hRoqCDwg_g1oegNy7AK2AZHnHiUZU

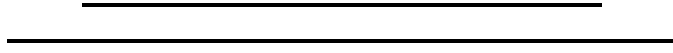
This documentary is generally OK, but it has two sections that are worthy of critique. Feel free to skip these passages, but if you choose to watch them, try to identify the objectifying language and images being used and think about the biases and stereotypes that lead the filmmakers to portray marginalized groups of people (i.e., fat/higher weight people and people with disabilities) this way.

- There is a segment that uses stigmatizing imagery and language to talk about fat people and fat bodies (31:45 – 34:07).
- There is a segment in which parents talk about their experiences parenting children with disabilities that is objectifying and ableist (i.e., focusing on the hardship for parents rather than the lived experiences of people with disabilities; 39:39 – 44:45).

On three occasions throughout the term, we will use our class time for group discussion and activities relating to the videos that are assigned watching for our class.

- Students in _____ (students with last names starting with letters A - L) will participate on Feb 1, Mar 8, and Apr 4. Students in Group B will use these sessions as study days.
- Students in _____ (students with last names starting with letter M - Z) will participate on Feb 3, Mar 10, and Apr 5. Students in Group A will use these as study days.

Prior to each class, students will be expected to watch the assigned video and complete a Guided Listening worksheet, which they will bring to class. Then in class, students will meet in small groups of 4-5 students to discuss their worksheets as well as other questions I will pose. Each group will assign one member to the role of “record keeper” for each day. The record keeper will



Where can I get more information, instructions, help with login problems etc?

Research Participation Coordinator: psycresearch@uvic.ca
SONA system website: <http://uvic.sona-systems.com>

Alternative to participating in research

Students are not required to participate in research, and not all students wish to do so. As an alternative to participation in research, students may submit short summaries (1 page double spaced, 12 pt. times New Roman font, 1 inch margins) of journal articles from a specified journal (see below). Each article review counts as one percentage point and will be marked on a pass/fail basis. To receive credit, you must follow specific guidelines. The review must:

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- Be typed using 12 point font, Times New Roman, double spaced, 1 inch margins, no longer or much shorter than one page.
- Be on articles from the following journal: *Social Psychological and Personality Science*.
- Fully identify the title, author(s), source and date of the article. A PDF copy of the article must be submitted in the drop box along with your review. No links to online articles! Students who do not submit a PDF copy of their article along with their summary will receive a mark of zero. A link/url is not sufficient – they often don't work and I won't click on unknown links anyway!
- Summarize the hypotheses of the research, as well as the methods used to test the hypotheses. Identify the independent/predictor variable(s) and dependent/outcome variable(s). Identify the psychological concepts in the article and indicate the pages in our textbook that discuss the concepts. Finally, critically evaluate the results of the study. Do you agree with their findings? Why or why not? Provide evidence from the text or lecture to wi4 (t)-k6o w(

UNIVERSITY OF VICTORIA
Department of Psychology
Important Course Policy Information
Winter Session 2022/23

Accessible Learning

The University of Victoria is committed to creating a learning experience that is as accessible as possible. If you anticipate or experience any barriers to learning in this course, please feel welcome to discuss your concerns with

Copyright

All course content and materials are made available by instructors for educational purposes and for the exclusive use of students registered in the course.

Prerequisites

University of Victoria Students' Society (UVSS)

The [UVSS](#) is a social justice based non-profit run by students, for students and is entirely separate from UVic. As an undergrad student, you are already a member! We work on issues affecting students such as affordability, public transit, sexualized violence, sustainability, student employment, and much more. We fund clubs and course unions, and have several advocacy groups. We also have a Food Bank and Free Store, a Peer Support Centre, and run your health and dental plan. We are here to support you, so please reach out to us at uvss.ca!

Academic Important Dates

Winter session - second term (January – April)

Monday, Jan 9 th	Second term classes begin for all faculties
Sunday, Jan 22 nd	Last day for 100% reduction of second term fees for standard courses 50% of tuition fees will be assessed for courses dropped after this date.
Wednesday, Jan 25 th	Last day for adding courses that begin in the second term
Tuesday, January 31 st	Last day for paying second term fees without penalty
Sunday, Feb 12 th	Last day for 50% reduction of tuition fees for standard courses 100% of tuition fees will be assessed for courses dropped after this date.
Feb 20 th - Feb 24 th	Reading Break for all faculties
Tuesday, Feb 28 th	Last day for withdrawing from full year and second term courses without penalty of failure
Thursday, Apr 6 th	Last day of classes in second term for all faculties
Apr 11 th - Apr 26 th	Second-term formal examination period

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

Social Life, Friends, & Community at UVic:

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/undergraduate/housing-student-life/student-life/index.php>

Counselling Services:

The Student Wellness Centre can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

<https://www.uvic.ca/student-wellness/contacts/student-wellness->

[team/index.php#ipn-physicians](https://www.uvic.ca/student-wellness/contacts/student-wellness-team/index.php#ipn-physicians)

Centre for Accessible Learning: s

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www.uvic.ca/services/cal/

let us know your needs, the quicker we can assist you in achieving your learning goals in this course.

Elders' Voices:

The Office of Indigenous Academic and Community Engagement (IACE) has the privilege of assembling a group of Elders from local communities to guide students, staff, faculty and administration in Indigenous ways of knowing and being.

www.uvic.ca/services/indigenous/students/programming/elders/

Mental Health Supports and Services: