

**UNIVERSITY OF VICTORIA**  
**PSYCHOLOGY 100A – Section A05 Fall 2021**  
**Introductory Psychology: Biological and Cognitive Emphasis**  
[Territory Acknowledgement](#)

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**Office Hours:** Tues & Thurs 17:00-17:50 or by appointment

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**Welcome to Introductory Psychology!**

Psychology is an exciting and complex scientific discipline, as well as an essential part of various helping professions.

- Different theoretical perspectives and professional orientations within psychology.
- Scientific methods of gathering information and forming conclusions about human behaviour and functioning.
- Some ways psychological principles have been used to help people lead better, healthier lives and solve real world problems.
- How to locate and utilize psychological research information.
- Psychology that will serve as a foundation for taking more advanced courses in psychology and other related disciplines.

**PSYC 100A** covers the topics of: historical, methodological, evolutionary, consciousness, biological, learning, memory, thinking and language areas of psychology.

PSYC 100B is an introduction to concepts, theories and research findings of modern psychology. Topics include: *human intelligence, personality, child and adult development, health psychology and social relations as well as psychological disorders and psychological treatments.*

While you may wish to take 100B if you have not already done so, you should also be aware that you must complete both PSYC 100A and PSYC 100B if you wish to take any further courses in Psychology at the University of Victoria, as these two courses serve as pre-

build upon others, as such, the material should become more clear to you as you move along.

Students are expected to complete the assigned reading before each lecture, to attend lectures, and take detailed notes from them and to spend several hours a week in mastering the course material. There are many [course resources](#) available to help guide students through the course material, most of these are found through the [BrightSpace](#) site.

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**Class times:**        **Tues & Thurs 18:00 to 19:20**  
**Lecture Room:**    **FRA 159    (*Law Building*)**

**Important Dates:**

**No classes:**    **Sept 30<sup>th</sup> – Truth & Reconciliation Day**  
                         **Nov 11<sup>th</sup> – *Remembrance Day***

**Last Day to withdraw without Penalty:    Oct 31<sup>st</sup> 2021**

**Note:** Reminder to students that it is your responsibility to check your **registration status** by the drop deadline to ensure you are registered only in courses you have been attending.

The *last day to add courses online is Sept 24, 2021* for courses that begin in the fall term. Undergrad course adds after this date will require an Undergraduate Course Change form and are subject to the approval of the Director of the Academic Advising Centre.

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**REQUIRED TEXT: Psychology (12th Edition)**

**by D.G. Myers & C.N. Dewall (2018)**

**OR**

Alternatively students can download a *free* online textbook - **Introduction to Psychology: 1st Canadian edition by C. Stangor & J. Walinga (2020)** - available inside [Brightspace](#) and through [BC Campus Open learning](#) .

**Note:** *Clickers will NOT be used in this course and the study guide is optional.*

**REQUIRED RESOURCE MATERIALS:**

An online interactive (Brightspace) site is being developed with additional course materials.

It can be found through a link from my psyc 100A index page:

<http://rgtonks.ca/Courses/IntroA/>

Here you will find links to the [lecture notes](#), audio-podcasts of the lectures and practice quizzes. These, along with grades and activities will also be available through Brightspace.

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**Additional AV Support Materials:**

[You tube](#) has many excellent videos available but use caution in accepting all claims.

***Note:** Students will not necessarily require any of the optional resource material to pass the course, but many students will find some of the optional material useful as learning aids.*

**COURSE SYLLABUS:**

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**Wk    Date**

## Student Evaluation:

Students have the choice to determine which of the two options they would like to follow. Option A involves exams and [take-home activities](#), option B requires exams only. While students will be prompted to commit to option A or B by midterm, the higher grade of the two options will be automatically assigned during the grading process.

### Option A

#### 1) Examinations:

There will be 3 examinations:

Quiz	– 20 % - Sept 28 <sup>th</sup> , 2021
Midterm	– 30 % - Nov 2 <sup>nd</sup> , 2021
Final	– 30 % - Final Exam period

**TOTAL: 80%**

The exams will consist of mostly multiple choice and true-false questions with some short answer questions (1 to 5 marks).

#### 2) Take-Home Activities:

There will be seven opportunities for short take-home (on-line) activities, however only the best five will count towards the final grade. These assignments will require students to carryout various activities where students can engage in some practical application of the contents and materials covered in the lecture. Links to the list of these are found on the [course home page](#), the [Resources page](#) or through [Brightspace](#). To hand in your [activities](#) you can do so online through the *Brightspace drop box*, by the specified dates posted.

To minimize difficulties in grading electronic submissions, students are expected to submit a word.docx otherwise it is *important that the assignments are saved in rich text format (.rtf) or text only (.txt) since open office, word perfect, and other formats are often unreadable.*

**TOTAL VALUE: 20%**

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### Option B

3. Upon receipt of acceptable documentation, you will be informed when the make-up exam will be held. You must write the make-up exam at the designated time.

**An exam may only be rescheduled for illness, family affliction, or a sports event sanctioned by the University of Victoria. If you miss an exam due to holiday or work commitments you will receive a mark of '0'.**

- Make-up examinations are to be scheduled with the make up exam coordinator through Dr. Tonks. & the make-up exams will typically be held on Friday afternoons at 2:30 once properly scheduled.

- Students who miss an exam and do not contact Dr. Tonks within 7 days of the exam date or who do not submit medical documentation within 10 days will be deemed to have not completed a course requirement, and will receive an *N* grade (failure due to not completing a course requirement) for the course.

**Students with disabilities who require special arrangements for exams should discuss such arrangements with Dr. Tonks.** A referral from the Centre for Accessible Learning is required in order to receive accommodations.

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Undergraduate Grading Scale			
Passing Grades	Grade Point Value	Percentage *	Description
A+	9	90 – 100	An A+, A, or A-
A	8	85 – 89	
A-	7	80 – 84	





OR, you can download the Request for Academic Concession form here:  
<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

**x What to do if you miss an exam other than one scheduled during the formal exam period**

Do not apply at Records Services for a “Request for Academic Concession”. Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

**x What to do if you require additional time to complete course requirements**

Apply at Records Services for a “Request for Academic Concession”, normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student’s academic record.

OR, you can download the Request for Academic Concession form here:  
<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

## Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity

[https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk\\_0xsM\\_V?bc=true&bcCurrent=08%20-](https://www.uvic.ca/calendar/future/undergrad/#/policy/Sk_0xsM_V?bc=true&bcCurrent=08%20-)



copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.

6. **Aiding Others to Cheat** It is a violation to help others or attempt to help others to engage in any of the conduct described above.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures

A note to remind you to take care of yourself. Do your best to maintain a healthy lifestyle this semester by eating well, exercising, getting enough sleep and taking some time to relax. This will help you achieve your goals and cope with stress. All of us benefit from support during times of struggle. You are not alone.

#### **Social Life, Friends, & Community at UVic:**

Having a social network is an extremely important foundation for positive mental health. There are lots of benefits to joining clubs, course unions, intramurals and teams on campus.

<https://www.uvic.ca/mentalhealth/undergraduate/connecting/index.php>

#### **Counselling Services:**

Counselling Services can help you make the most of your university experience. They offer free professional, confidential, inclusive support to currently registered UVic students.

[www.uvic.ca/services/counselling/](http://www.uvic.ca/services/counselling/)

#### **Health Services:**

University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. [www.uvic.ca/services/health/](http://www.uvic.ca/services/health/)

Centre for Accessible Learning (CAL) | 416-220-2000 | [www.uvic.ca/accessible/](http://www.uvic.ca/accessible/)

Whether or not you have been directly impacted, if you want to take part in the important prevention work taking place on campus, you can also reach out:

Where: Sexualized violence resource office in EQHR, Sedgewick C119 Phone: 250.721.8021

Email: [svpcoordinator@uvic.ca](mailto:svpcoordinator@uvic.ca)