

## Earthquake Actions for Post-Secondary Students, Staff and Faculty

### Get prepared

- x Familiarize yourself with safe locations and hazards in the spaces you most often frequent on campus. Be aware of exits.
- x Ensure shelving and other objects are secured.
- x Do not use the space under your desk for storage.
- x Ensure hazardous materials are stored safely.
- x Check the safety information provided by your post-secondary institution.
- x Have an office or dorm emergency kit.

### When the shaking starts

No matter where you are on campus:

- x Drop: Immediately drop to the ground.
- x Cover: Take cover under a sturdy desk or table and cover your head and neck.
- x Hold On: Grip the leg of a desk or chair or brace against another sturdy object.
- x Close your eyes and mouth to protect from dust and debris.



### More tips for campus locations

- x Classroom/ Office : Drop, Cover, Hold On under your desk or workstation.
- x Lecture Theatre : Drop to the ground between rows. Protect your head and neck with your arms, and bend over as far as possible.
- x Laboratory : Drop, Cover, Hold On under the work bench or at the end of