

President's Report
Annual General Meeting
June 8, 2022

How can another year have flown by? I recall my sense of optimism last year as I wrote this report.

and the Brain; the Lifeworks Assistance Program and Mental Health and Well Being. The sessions were interesting and timely. I want to thank Jane Birkbeck for her excellent facilitation, Rebecca Warburton for great monitoring of the activity and Harry Kwok and Herb Weil for getting this idea started.

Community Outreach

- Elder Academy (EA) - The sessions continued throughout the year ending in May 2022. The Elder Academy Program Committee again created an incredible series of sessions.. The small but focused committee has decided to hold the last series in May. We want to thank them for their commitment over the years and for the valuable information and knowledge they have provided to our membership and the community.
- The Masterminds series continued for its 16th year holding the four sessions on consecutive Wednesdays in April. The Institute of Aging and Lifelong Health and University Communications once again collaborated with UVRA to organize these stimulating sessions by UVic retirees. Thank you to John Anderson for his dedication to ensuring we had an excellent range of speakers
- United Way: UVRA members showed their strong support for this worthy cause by surpassing the raised goal for this year. You outdid yourselves...thank you again for your incredible generosity.

University Outreach

The two UVRA scholarships are now established and we continue to have enthusiastic recipients who are conducting valuable insights through the study of adults 55+. This year's recipient Cynthia McDowell has agreed to speak at the UVRA Annual General Meeting.

Benefits

The extended health coverage continues with Blue Cross (continuation of UVic plan), the Retired Teachers of Ontario (RTO) and the Johnson plan. Some plans have had a few changes with some additional things being added in September 2022. UVRA's Benefits Chair, Peter Liddell will advise when these occur.

Ongoing and In Progress

UVRA's participation in the Later Life Learning (LLL) Initiative of CURAC/ARUCC continues to provide information on the incredible sessions being offered across Canada.

UVRA joined AROHE (Association of Retired Organization in Higher Education) which included access to Road Scholar and a range of amazing topics and webinars including aging and wellness.

The annual CURAC/ARUCC Conference will proceed in May 2022. The Tri-University conference (UBC, SFU and UVic) is being held virtually this year.

The actions of the association could not be completed without the participation and energy of our dedicated team of volunteers. Our administrative, membership and financial support team - Louise Schmidt, Zulette Gordon and Richard Chappell have again done a superb job, despite the challenges of the pandemic to ensure that UVRA continues to function. I also want to thank my fellow UVRA Board members for their thoughtful discussions and activities on our behalf.

