



- f. Think about the potential risks associated with gambling, as well as the risks associated with investing in the stock market. Are those risks similar/different? How so?
- g. How can these risks be mitigated/prevented?
- h. How do you feel about someone who loses a lot of money gambling? What if they lost the same amount buying a hyped-up stock that went bust? What if they lost the same amount because they invested in a local company that closed down because it couldn't compete with foreign imports? Do you feel the same about all of these? If not, why not?

Gambling Literacy

Big ideas

Gambling can be a fun recreational activity but can also lead to significant harm

As humans, both individually and as communities, we need to learn how to manage gambling in our midst

We can learn how to control gambling by examining the different ways people have thought about it, engaging in critical self-reflection and listening to each other

Competencies

Assess the complex ways in which gambling is linked to human culture and impacts the health and wellbeing of individuals, families, communities and societies

Recognize binary constructs (e.g., win vs lose or success vs failure) and assess their limitation in addressing complex social issues like gambling

Consider dominant social discourses and assess their impact on the distribution of risk and benefit associated with gambling

Develop personal and social skills to reflect on and manage personal behaviour and choices related to gambling

For a complete look at the gambling literacy competencies, as defined by the Canadian Institute for Substance Use Research, see: www.uvic.ca/research/centres/cisur/assets/docs/iminds/hs-gambling-

