



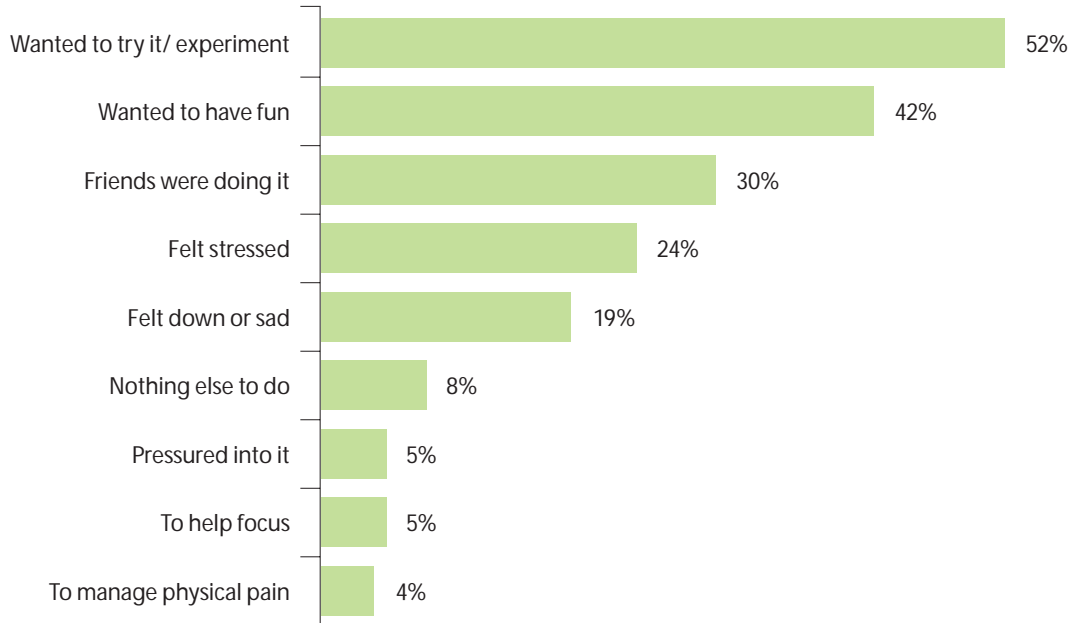
Instructional Strategies

Why Do You Think Young People Choose to Use Cannabis?

Write the question “Why do you think young people choose to use cannabis?” on the board. Invite students to reflect on it individually. Then, as a class, discuss their responses. List the reasons they mention on the board.

Provide some background to *B* and *A* and display the graph (on the next page) from the report. Then, engage students in a discussion using questions such as those provided below.





What do you see as significant in this graph? What, if anything, surprises you? How closely does the graph match the reasons you gave? If different, why might that be?

Do you think the results would be different if the graph showed what parents/teachers thought the reasons were? How do you think they would compare? Why?

What implications does this information

have (if any) for 1 (a) 6.1 (t) 3.7 (t) 3.7 (h) 4.4 (a) 4.4 (t) 7.7 (t) 7 (h) 2 (a) 6.1 s

t



Distribute copies of the [handout](#) (included) and have students work in groups to reflect on and discuss the comments and reflections provided by their peers.

Following the group discussions, you might have groups report on some of the key in



PHYSICAL AND HEALTH EDUCATION

The quotes below come from *British Columbia Adolescent Health Survey: 2018*. This report, by the McCreary Centre Society, is based on the 2018 Adolescent Health Survey completed by almost 38,000 students in Grades 7-12 across British Columbia. Students participating in the survey also provided a rich collection of comments. Many of the comments gave reasons for using or not using cannabis. Moreover, McCreary's Youth Research Academy (YRA)—a group of youth aged 16 to 24 with experience of the government care system, provided reflections on the issues. The following are some of those quotes and reflections from the report.

I don't use it because I don't want to get high. ~Grade 11 student

I don't use it because I don't want to get high. ~Grade 10 student

I don't use it because I don't want to get high. ~Grade 9 student

?H ? ~Grade 10 student

I don't use it because I don't want to get high. ~Grade 9 student

I don't use it because I don't want to get high. ~YRA reflection

CBD ~Grade 12 student

I don't use it because I don't want to get high. ~Grade 9 student

EED DC ~Grade 12 student

I don't use it because I don't want to get high. ~Grade 8 student

I don't use it because I don't want to get high. ~YRA reflection

- Why do different people have different reasons for using, or not using, cannabis?
- If cannabis helps some students, how can it also be harmful? If it is both helpful and harmful, how should we deal with it?
- How could students better support each other around cannabis-related issues?
- How could parents or schools better support students around cannabis-related issues?