

Learn more about us

1. Watch [Cycles](#) (about 30 minutes in length) as a class. Then, drawing attention to specific scenes from the video, engage students in discussion of how cannabis might influence or be influenced by one or more of the following relationships. You may wish to replay the indicated segments and use questions like those provided to begin the discussion.

***Relationships with friends (0:00 to 1:40 and 8:20 to 9:47)***

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***Relationships with work/coworkers (18:01 to 21:30)***

- How might cannabis use impact (positively or



## ***Social and community health***

- 9 Propose strategies for developing and maintaining healthy relationships
- 9 Create strategies for promoting the health and well-being of the school and community

## ***Mental well-being***

- 9 Analyze strategies for promoting mental well-being, for self and others
- 9 Assess and evaluate strategies for managing problems related to mental well-being and substance use, for others
- 9 Explore and describe factors that shape personal identities, including social and cultural factors

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