



University  
of Victoria

Institute on Aging  
& Lifelong Health

## Student **T**raining for **R**esearch and Interdisciplinary **D**evelopment and **E**xperience

### OVERVIEW

STRIDE is a research-oriented mentorship program for graduate students offered through the Institute on

## DURATION, TIME COMMITMENT AND STIPEND

The STRIDE program will run for 10 months starting October 2024 and ending July 2025.

It is anticipated that students will need to spend approximately 8 hours per month participating in the program. This will include monthly group meetings of approximately 1 to 2 hours.

In recognition for the time devoted to STRIDE, students will receive a \$1200 stipend. Half of the stipend will be paid in December 2024. The remainder will be paid upon successful completion of the program in July 2025.

## ELIGIBILITY

- Applicants must be formally affiliated with IALH as a Student Affiliate by the application deadline. To check your status or to apply to become an IALH Student Affiliate, contact [IALHresearch@uvic.ca](mailto:IALHresearch@uvic.ca)
- Applicants must be enrolled full time in a graduate program at the University of Victoria.
- Both Masters and Doctoral students may apply. Masters students must be in their second year or higher. Doctoral students may be at any level.
- Students may be studying in any faculty, department, school, division or program.
- Students must have the support of their primary supervisor to participate in the program.

## SELECTION

Applications will be reviewed by a three to five member committee. Participants will be selected based on:

- The applicant's education, research and volunteer experience to date;
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