







AFFILIATES' CONTRIBUTIONS TO OUR SHARED SUCCESS

While IALH offers a range of benefits to our affiliates, we also believe that our collective success is built on a foundation of mutual commitments. We value the active engagement and contributions of our affiliates, which help to strengthen the community and enhance the impact of our work. In return for the benefits provided, we ask affiliates to:

INCLUDE IALH:

- in your email signature
 - Trainee Affiliate, Institute on Aging and Lifelong Health
 - Link to Donate page
- on your publications
- IALH logo on your slides when you present
- advertisement for the "Permission to Contact" program
- share information when requested (e.g. with Development Officer)
- If IALH is sharing information about your events/studies, include an IALH logo or identify yourself as a trainee affiliate on the advertisement

ATTEND EVENTS

- 2+ events per year (either in person or online)

CHOOSE ONE WAY TO BE ACTIVELY INVOLVED

- Participate with the IALH student group
- Provide a presentation
- Provide an article for the newsletter

BE SOCIAL WITH US

- Follow us on our social media channels:
 - X/Twitter: @uvcaging
 - Instagram: @uvicealthresearch
 - Facebook: UVic Institute on Aging and Lifelong Health
- Share or comment on our content to increase awareness
- Tag us in your research related content