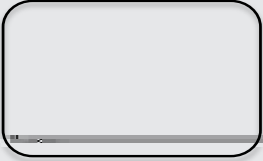


The Assessment Process

The BC Motor Vehicle Act states that the Superintendent of





ICBC's Tuning Up for Drivers Guide

- Phone: [1-800-663-3051](tel:1-800-663-3051)

• t •]š [250-388-6638](tel:250-388-6638) X }uI Œ]À Œro] v•]vPI Œ]

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- Phone: [250-388-6638](tel:250-388-6638)

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- Phone: [250-383-6041](tel:250-383-6041)

• t •]š www.roadmasters.ca

Wallace Driving School

- Phone: [250-383-7483](tel:250-383-7483)

• t •]š [250-590-3211](tel:250-590-3211) Œ]À]vP• Z}}oX }u

Westshore Drive

- Phone: [250-590-3211](tel:250-590-3211)

• t •]š [250-590-3211](tel:250-590-3211) •š•Z}Œ Œ]À X

Grocery & Meal Delivery



Grocery Delivery Services

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- W Z } v W 1-888-838-1888
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Chef on the Run

- W Z } v W 250-595-3151
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Complete Fit Cuisine

- W Z } v W 250-595-3105
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Dine In Victoria

- W Z } v W 250-361-3463
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Dinner for One

- W Z } v W 250-298-4346
- t •] š Á Á Á X] v v OE (} OE } v X

Meals on Wheels

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Taking the Bus

- Phone: [250-382-6161](tel:250-382-6161)
- Discounted fares for age 65+. Call for help in planning a route.

Bus Pass Program

- Phone: [1-866-866-0800](tel:1-866-866-0800)
- Website: www.williamsport.com
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Community Travel Training

- Phone: [250-995-5678](tel:250-995-5678)
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Beacon Community Services

- Phone: [250-656-5537](tel:250-656-5537)
- Website: www.beaconcommunityservices.ca

Canadian Cancer Society

- Phone: [250-414-4250](tel:250-414-4250)

Capital City (Victoria) Volunteers

- Phone: [250-388-7844](tel:250-388-7844)
- Website: www.victoriavolunteers.ca

James Bay Community Project

- Phone: [250-388-7844](tel:250-388-7844)
- Website: www.jbcproject.ca

Esquimalt Volunteers Services

- Phone: [250-412-8556](tel:250-412-8556)
- Website: www.esquimaltvols.ca

Oak Bay Volunteer Services

- Phone: [250-595-1034](tel:250-595-1034)
- Website: www.oakbayvolunteers.ca

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Alpha Home Health Care

- Phone: [250-383-4423](tel:250-383-4423) press #4
- Website: www.alphahomecare.ca

Driving Miss Daisy

- Phone: [250-588-4638](tel:250-588-4638)
- Website: www.victoria.drivingmissdaisy.net

Helping Hands Personal Support Services

- Phone: [250-881-0118](tel:250-881-0118)
- Website: www.helpinghandsspss.ca

Care and Company

- Phone: [250-382-2328](tel:250-382-2328)
- Website: www.careandcompany.ca

Home Instead

- Phone: [250-382-6565](tel:250-382-6565)
- Website: www.homeinstead.ca

BlueBird Cabs

- Phone:[250-382-4235](tel:250-382-4235)
- Website:

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Prices based on 5,000 km* of driving in a year using a 2012 Toyota Camry Sedan† or traveling the same distance in a taxi. Prices as of March, 2014.

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* Older adults self-report, on average, driving a minimum of 5,000 km/year (Ford et al., 2013)

† A 2-5 year old Toyota Camry is the most popular car older adults own (E Á • o © OE U

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Langford, J., Charlton, J. L., Koppel, S., Myers, A., Tuokko, H., Marshall, S., & ...
Macdonald, W. (2013). Findings from the Candrive/Ozdrive study: Low
u] o P } o OE OE] À OE • U OE • Z OE] • l v OE μ . š v
v o Ç •] • v W OE À v Ÿ } v, 61, 304-310.

“I’d really like it if we could talk about your driving”

“I know how important driving is to you, but I’m worried about your safety as well as the10.4()]TJ 0 -1.2 TD [(a 4 th o10.5(d)