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SCHOOL OF SOCIAL WORK

MASTER OF SOCIAL WORK



**MSW STUDENT SUPPORT
& CRISIS RESOURCES**
JANUARY 2020

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CAMPUS SECURITY

Check out [Campus Security's website](#) for more information regarding safety on campus.

SECURITY SERVICES INCLUDE:

- Safewalk/Campus Alone program
- Pedestrian safety
- Run safe program
- Student residence security
- Security alerts
- Personal safety coordinator
- Crime prevention & safety education programs
- Community education

CONTACT:

Phone: 250-721-7599

Location: Campus Security Building

<https://www.uvic.ca/security/>

CENTRE FOR ACCESSIBLE LEARNING (CAL)

Students who require additional academic support because of varying abilities and/or medical issues can access unique programming and accommodations through CAL. Students are required to register with CAL to access these services.

FOR DISTANCE AND ON-CAMPUS/LOCAL STUDENTS

CAL PROVIDES:

CONTACT:

Email: infocal@uvic.ca

- Taking care of yourself

CONTACT:

Email: counsell@uvic.ca

Phone: 250-721-8341

Location: University Centre, Room B270

<https://www.uvic.ca/services/counselling/>

CRISIS SERVICES CANADA SUPPORT RESOURCES

BRITISH COLUMBIA CRISIS LINE

- Crisis Line Association (24 hours): 1-800-SUICIDE (1-800-784-2433)
- KUU-US Indigenous Crisis Line (24 hours): 1-800-588-8717
- Vancouver Island Crisis Line (24 hours): 1-888-494-3888 | Text 1-250-800-3806

ALBERTA CRISIS LINE

- Distress Centre Calgary (24 hour): 1-403-266-HELP (403-266-4357)
- The Support Network Edmonton Region (24 hour): 1-780-482-HELP (480-482-4357)

SASKATCHEWAN CRISIS LINE

- North East Crisis Intervention Centre (24 hour): 1-800-611-6349
- Southwest Crisis Services (24 hour): 1-800-567-3334

MANITOBA CRISIS LINE

- Manitoba Suicide Prevention & Support Line (24 hour): 1-877-435-7170

ONTARIO CRISIS LINE

- Northern Ontario Talk4Healing: 1-855-554-HEAL (855-554-4325)
- Toronto Distress Centre: 1-416-408-4357

QUEBEC CRISIS LINE

- Association québécoise de prévention du suicide (24 hour): 1-

Email: eghr@uvic.ca

Phone: 250-721-8488

Location: Sedgewick Building, Room C115

HSD INDIGENOUS STUDENT SUPPORT CENTRE

Indigenous Student Support Centre (ISSC) is here to help you succeed by being available to provide that extra support for on-campus and distance Indigenous students.

FOR DISTANCE AND ON-CAMPUS/LOCAL STUDENTS

SERVICES OFFERED BY ISSC:

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- International Commons
- Academic Advising Centre
- Career Help
- Math & Statistics Help
- Physics Help
- Study Solutions
- Library Help Desk *
- Computer Help Desk *
- Music & Media Commons

* AVAILABLE FOR DISTANCE STUDENTS

CONTACT:

Phone: 250-721-6673

Location: Main floor of McPherson Library

<https://www.uvic.ca/library/locations/home/learning/>

LIBRARY FOR DISTANCE

Distance Learning and Research provides services for distance students. We will help you find the information needed to complete your course work.

LIBRARY FOR DISTANCE OFFERS:

- [Graduate Research Tutorials](#)
- The opportunity for distance students to request library material. You can request:
 - Any circulating material held in the library to be sent to your home
 - Articles from journals, magazines, or newspapers in the collections
 - Articles and books not held in the collections
 - Research assistance

CONTACT:

Phone: 250-721-6488

Location: Learning & Research Office 2nd floor, McPherson Library

<https://www.uvic.ca/library/locations/home/iline/index.php>

MULTIFAITH SERVICES

Multifaith Services is a culturally diverse and multifaith community. Chaplains and representatives are appointed by local faith communities. Our team includes Anglican, Bahà'í, Baptist, Buddhist, Catholic, Christian Science, Jewish, Lutheran, Muslim, Presbyterian, Unitarian and United representatives.

FOR ON-CAMPUS/LOCAL STUDENTS

MULTIFAITH OFFERS:

- Prayer & meditation groups
- Pastoral counselling
- Weekly activities (yoga)

- The INAF listserv is a central place to send and receive information relating to INAF and UVic programs and funding and employment opportunities (sign up on their website)

CONTACT:

Email: iaceadm@uvic.ca

Phone: 250-472-4913

Location: First Peoples House

<https://www.uvic.ca/services/indigenous/>

STUDENT AWARDS & FINANCIAL AID (SAFA)

Student Awards and Financial Aid (SAFA) helps provide information and support with scholarships, bursaries and work study opportunities and provides information about other funding sources, expected costs and strategies for balancing your budget.

FOR DISTANCE AND ON-CAMPUS/LOCAL STUDENTS

SERVICES OFFERED BY SAFA:

- Entrance scholarships
- In-course scholarships
- Bursaries
- Work study opportunities
- Loans & grants
- International student awards
- Indigenous student awards
- Former youth-in-care funding

CONTACT:

Email: finaid@uvic.ca

Phone: 250-721-8423

Location: University Centre, Room A202

<https://www.uvic.ca/registrar/safa/>

STUDENT MENTAL HEALTH

UVic offers a variety of supports, services and opportunities to promote student mental health.

www.uvicnsu.ca

Gender Empowerment Centre (GEM)

Room: SUB B107

Phone: 250-721-8353

Email: gemcentre@uvic.ca

www.genderempowermentcentre.ca

www.uvicssd.com

UVic Pride Collective

Room: SUB B010

Phone: 250-472-4393

Email: pride@uvic.ca

SUPPORT FOR STUDENTS WITH FAMILIES

Striking a balance between school, work and home can be difficult no matter how prepared you are for the challenge. With this in mind, the Faculty of Graduate Studies aims to support you and your loved ones as you advance your academic aspirations. In addition to our flexible program options, our financial, career, wellness and family supports are here to help.

Check out the [Student Support website](#) for links to the services outlined below.

FOR DISTANCE AND ON-CAMPUS/LOCAL STUDENTS

RESOURCES FOR STUDENTS WITH FAMILIES INCLUDE:

- Child care bursaries
- Child Care services
- Co-op and Career services
- Family housing
- Family Centre
- Graduate student resources
- Graduate Students' Society
- Health Services

SERVICES OUTSIDE OF UVIC THAT MAY BE HELPFUL:

- Citizenship and Immigration Canada – [Work available to spouses or common001 Tc 0.003 Tw 1. U6tw sW](#)

- Attention Deficit Hyperactive Disorder Clinic
- Vaccinations and flu shots
- Sexual health clinic and STI screenings
- Sports medicine and injury assessments
- Specialist referrals
- [Student Health Ambassador and Peer Educator Program](#) (fitconnect, Harm Reduction)

- [Room Bookings in the Halpern Centre](#)
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