

ACKNOWLEDGEMENT:

CIRCLE PRACTICE

Many of our ways of thinking and organizing ourselves are based on a grid or a hierarchy. The practice of convening circles is a way to break out of these patterns and connect with others in a more natural, conversational way. Circles are a natural formation for humans to gather in conversationally, and they have been used in many cultures. Circles are a natural formation for humans to gather in conversationally,

- **Relationality:** Seeing others as humans with equal value and recognizing that people experience life differently.
- **Respect:** Creating opportunity for every person to have a voice, to be heard, and to increase their compassion from hearing multiple voices.
 - to go in order (once order/direction is decided)
 - Reserving the right to “pass”
 - *Additional agreements/ground rules as the situation requires*

POSSIBLE FORMAT

- Opening
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