

Quick Reference Guide to Extended Health & Dental Benefits

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Chiropractor and Naturopathic Services	\$30 per visit for the first 12 visits in a calendar year, to a maximum of \$700 per person in any calendar year.
Physiotherapy and Massage Therapy	\$60 per visit for the first 12 visits in a calendar year, and then the full cost, as is reasonable and customary, for each visit over 12 in a calendar year, to a maximum of \$750 per person in any calendar year.
Podiatrist	\$30 per visit for the first 12 visits in a calendar year, and then the full cost, as is reasonable and customary, for each visit over 12 in a calendar year, to a maximum of \$250 per person in any calendar year.
Emergency out-of-province benefits	While traveling or on vacation outside British Columbia, benefits are payable for the expenses incurred IN AN EMERGENCY ONLY and when ordered by the attending Physician (emergency means a sudden unexpected injury or an acute episode of disease that requires immediate treatment or surgery).
Emergency Travel Assistance	In emergencies which occur while you (and your eligible dependents) are traveling, Medi-Assist will coordinate assistance.

The above information is intended to be a descriptive outline only. All provisions of the Plan are subject to the terms and conditions of the contract issued to the University by Pacific Blue Cross. It is recommended that you request pre-authorization from Pacific Blue Cross for all major purchases.

Complete Benefit Handbooks are available on-line

<http://www.uvic.ca/hr/services/home/compensation/benefits/handbooks/index.php>

**Benefit Premiums
Regular Faculty and Librarians**

Benefit Plan	Employee Premium Per Pay	Employer Premium Per Pay
Extended Health Plan: Single Couple/Family	\$ 8.19 \$24.62	\$19.10 \$57.45
Dental Plan: Single Couple Family	\$ 8.11 \$14.90 \$22.91	\$24.36 \$44.69 \$68.78
Basic Life Insurance:		.1255 cents per \$1,000 of coverage
Optional Group Life Insurance:	Employee pays full cost of premiums	0
Long Term Disability:	3% of basic salary	0
Combination Pension:	3.83% of basic regular salary up to YMPE, plus 5.83% in excess of YMPE	6.54% of basic regular salary up to YMPE, plus 8.17% in excess of YMPE, and 3.50% to Supplement
Money Purchase Pension	3.0% of basic regular salary up to YMPE, plus 5.0% in excess of YMPE	8.37% of basic regular salary up to YMPE, plus 10.0% in excess of YMPE

2024 YMPE = \$68,500 or \$5,708.33 per month

January 2024

