



Notice for the Final Oral Examination  
for the Degree of Master of Education

of

**Rosemary Symington**

***Mindfulness Matters: Helping Young Children  
Reach Their Full Potential***

April 19, 2022  
12:30 pm  
CLE B007

Supervisory Committee:

Dr. Jennifer Thom, Department of Curriculum and Instruction, UVic  
(Supervisor)

Dr. Ruthanne Tobin, School of Exercise Science, Physical & Health  
Education, UVic (Member)

Chair of Oral Examination:

Dr. Wanda Hurren, Department of Curriculum and Instruction, UVic

Department of Curriculum and Instruction